<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
<th>Departs</th>
<th>Returns</th>
<th>Includes</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 JANUARY 2016</td>
<td>STRAWBERRY FARM IN MAIN RIDGE $70</td>
<td>9.10am</td>
<td>5.15pm</td>
<td>Luxury Coach Travel, Morning Tea, 2 course lunch Rye RSL</td>
</tr>
<tr>
<td>25 FEBRUARY 2016</td>
<td>FRANKSTON SAND SCULPTURES &amp; QUEENSCLIFF FERRY $80</td>
<td>8.55am</td>
<td>5.15pm</td>
<td>Luxury Coach Travel, Morning Tea, All you can eat at Foodstar, Ferry trip &amp; guided tour of the Frankston Sand Sculptures</td>
</tr>
<tr>
<td>24 MARCH 2016</td>
<td>COOMBE COTTAGE YARRA VALLEY $72</td>
<td>8.50am</td>
<td>5.15pm</td>
<td>Luxury Coach Travel, Morning Tea, 2 course lunch, guided tour of the Coombe cottage and The Melba estate.</td>
</tr>
<tr>
<td>14 APRIL 2016</td>
<td>UNGULLA FARM $62</td>
<td>8.50am</td>
<td>5.15pm</td>
<td>Luxury Coach Travel, Morning Tea, 2 course BBQ lunch, guided tour of the farm—This trip comes highly recommended.</td>
</tr>
<tr>
<td>19 MAY 2016</td>
<td>LIVE COUNTRY MUSIC IN ERICA $77</td>
<td>8.25am</td>
<td>5.15pm</td>
<td>Luxury Coach Travel, Morning Tea, 2 course lunch &amp; Live Country Music by Val Murphy to entertain us.</td>
</tr>
<tr>
<td>23 JUNE 2016</td>
<td>YAN YEAN RESERVOIR &amp; WHITTLESEA COURT-HOUSE $50</td>
<td>8am</td>
<td>5.15pm</td>
<td>Luxury Coach Travel, Morning Tea, 2 course lunch, Visit Court House &amp; Reservoir and Cheese Factory.</td>
</tr>
<tr>
<td>21 JULY 2016</td>
<td>SHEPPARTON DELUXE $75</td>
<td>8.30am</td>
<td>5.15pm</td>
<td>Luxury Coach Travel, Morning Tea, 2 course lunch, Cake/Apple Factory, Ardmona Warehouse, Pental Soap Outlet.</td>
</tr>
<tr>
<td>10 AUGUST 2016</td>
<td>CARIBBEAN GARDENS &amp; MARKET $35</td>
<td>9.30am</td>
<td>5.15pm</td>
<td>Luxury Coach Travel, Morning Tea, 2 course lunch, Cake/Apple Factory, Guided tour of the Cherry Farm.</td>
</tr>
<tr>
<td>24 AUGUST 2016</td>
<td>MALDON &amp; TRAIN JOURNEY $85</td>
<td>8.25am</td>
<td>5.15pm</td>
<td>Luxury Coach Travel, Morning Tea, 2 course lunch, Maldon guided bus tour &amp; ride on the Victorian Goldfields Railway.</td>
</tr>
<tr>
<td>22 SEPTEMBER 2016</td>
<td>GOULBURN RIVER CRUISE $85</td>
<td>9.10am</td>
<td>5.15pm</td>
<td>Luxury Coach Travel, Morning Tea, 2 course lunch, Maldon guided bus tour &amp; ride on the Victorian Goldfields Railway.</td>
</tr>
<tr>
<td>19 OCTOBER 2016</td>
<td>MORNINGTON MARKET &amp; OP SHOP TOUR $40</td>
<td>9.30am</td>
<td>5.15pm</td>
<td>Luxury Coach Travel, Morning Tea, 2 course lunch &amp; visit Chateau Tahbilk for wine tasting.</td>
</tr>
<tr>
<td>17 NOVEMBER 2016</td>
<td>CHAPPIES CHERIES $60</td>
<td>9.25am</td>
<td>5.15pm</td>
<td>Luxury Coach Travel, Morning Tea, Two course lunch and a visit to the Silvan Reservoir Park and Entry into the Cherry Farm.</td>
</tr>
<tr>
<td>8 DECEMBER 2016</td>
<td>CORIO BAY CRUISE 2HR LUNCH CRUISE $70</td>
<td>9.20am</td>
<td>5.15pm</td>
<td>Luxury Coach Travel, Morning Tea, 2 course lunch on boat.</td>
</tr>
</tbody>
</table>

All bookings must be made 7 days prior to the date of the adventure. No refunds will be accepted once paid. Special parking will be organised on the day of each adventure as long as you do not park in a permit zone.

If you require assistance with transport ‘LINK COMMUNITY TRANSPORT’ may be able to assist. Please call 8358 8000 or email: admin@lct.org.au www.linkcommunitytransport.org.au
**ZUMBA GOLD**
Fitness dance/exercise program designed for active older adults.
- **Broadmeadows Aquatic & Leisure Centre**
  - Wednesdays
  - 12pm to 1pm
- **Sunbury Aquatic & Leisure Centre**
  - Friday
  - 11.05am to 12noon
  - Cost—$7 per person

**CHAIR DANCE**
Learn dance routines whilst sitting or with the aid of a chair. Great workout whilst having fun. Guaranteed lots of giggles.
- **Broadmeadows Aquatic & Leisure Centre**
  - Monday
  - 11.30am to 12.30pm
  - Friday
  - 11.30am to 12.30pm
  - Cost—$5 per person

**YOGA-LATIES**
Older Adults—Free lance Yoga & Pilates all tied in to one—All abilities & strengths welcome.
- **Broadmeadows Aquatic & Leisure Centre**
  - Tuesday
  - 11.30am to 12.30pm
  - Cost—$6 per person

**CHAIR BASED EXERCISE FOR ARTHRITIS**
Great for those looking to have fun, tone muscles and get fit while sitting on a chair.
- **Craigieburn Leisure Centre**
  - Monday
  - 1.30pm to 2.30pm
  - Tuesday
  - 12.30pm to 1.30pm
  - Cost—$4 per person
  - Delivered by Dianella Community Health Services.

**CARPET BOWLS**
A fun and exciting way to keep the body and mind active.
- **Broadmeadows Aquatic & Leisure Centre**
  - Friday
  - 10am to 12noon
  - Cost—$4.50 per person
  - Includes - Hot & Cold morning tea.

**WATER EXERCISE FOR ARTHRITIS**
Designed to help people that suffer with arthritis.
- **Broadmeadows Aquatic & Leisure Centre**
  - Wednesday & Thursday
  - 2.45pm to 3.45pm
  - Cost—$4.50 per person
  - Delivered by Dianella Community Health Services.

**CRAFTY SISTERS**
A fun and exciting way to keep your mind & fingers working and having a friendly chat all at the same time.
- We sew & knit for charities that are in need during the year as well.
- **Broadmeadows Aquatic & Leisure Centre**
  - Monday 9am to 12pm
  - Friday 12pm to 2.30pm
  - Cost—$1 per person—Includes a cupper, snacks & all materials.

**MUSICAL ADVENTURES 2016**

**FIDDLER ON THE ROOF**
$80.00
**WEDNESDAY 10 FEBRUARY**
The Princess Theatre—Bookings must be made by the 2 January 2016. Starring Anthony Warlow.

**GHOST**
$80.00
**WEDNESDAY 9 MARCH**
The Regent Theatre—Bookings must be made by the 20 January 2016. Starring Robert Mills.

**SOUND OF MUSIC**
$80.00
**WEDNESDAY 18 MAY**
The Regent Theatre—Bookings must be made by the 1 March 2016. Staring Cameron Daddo.

**SINGING IN THE RAIN**
$95.00
**TUESDAY 7 JUNE**
Her Majesty’s Theatre—Bookings must be made by the 3 April 2016. (Evening session will only be leaving from the Broadmeadows Aquatic & Leisure Centre at 5pm and return 10.30pm)

**MATILDA**
$85.00
**WEDNESDAY 13 JULY**
The Princess Theatre—Bookings must be made by the 1 June 2016. Winner of 50 Internal awards.

**WE WILL ROCK YOU**
$80.00
**WEDNESDAY 7 SEPTEMBER**
The Regent Theatre—Bookings must be made by the 30 July 2016.

Pricing includes bus fare in and out of each theatre.

**WEDNESDAY SESSION:**
- Broadmeadows Aquatic & Leisure Centre at 10.45am and return 4.15pm
- Craigieburn Leisure Centre at 10.15am and return 4.30pm

All seating is in the stalls so there are no stairs to be climbed. Please remember to BYO your lunch or purchase at theatre.