

# YOUTH WEEK 2020 IN HOME

An Online Celebration





Hume Young People's Covid 2020 Experience	1
FReeZA	7
Take Over Melbourne	11
Youth Action Committee (YAC)	12
Youth Summit	14
Vicoria State Government Youth Strategy	16
16 Days of Activism	18
End of Youth Week	21

# YOUTH WEEK

**Victorian Youth Week is a week-long celebration of young people (aged 12-25) that happens every April.**

**It gives young people a chance to express their ideas and views, and act on issues that affect their lives. It's also lots of fun and celebrates the positive contributions young people make to their communities.**

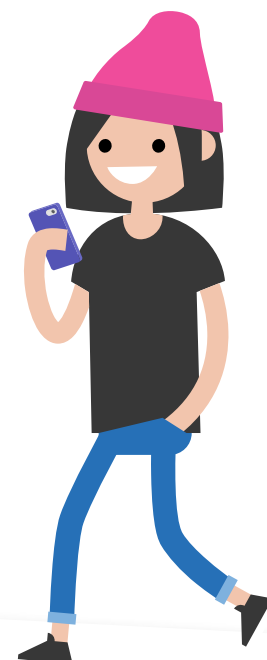
**In 2020, due to coronavirus (COVID-19), Victorian Youth Week 2020 was postponed and had a new date and a new format.**

**It was decided that a special month-long Victorian Youth Week will be held from 15 November to 15 December 2020, with all events to take place online and be in line with coronavirus restrictions at the time of the activity.**

**This booklet shows you how Hume celebrated and acknowledged its young people as part of Youth Week 2020 through a series of Facebook posts.**



# HUME YOUNG PEOPLE'S COVID-19 2020 EXPERIENCE



Year 2020 has been a year to remember in many ways and has challenged everyone. As part of Youth Week the Hume Youth Services team spoke to young people about how this year has been for them and what they hope for the future.

Hume Youth Services checked in with young people about their Covid 19 experiences, heres what they had to say....

*"I've taken up new interests and experiences during my time cooped up inside too. Definitely not the same person I was entering 2020!"*

- Aisyah



Hume Youth Services  
20 November 2020 • ⚙️

**Aisyah, what have you done in 2020?**

"Throughout 2020, I've been a student living out my final year of school in a pandemic! But besides that, I've taken up new interests and experiences during my time cooped up inside too. Definitely not the same person I was entering 2020!"

**How have you coped?**

"I've coped by illustrating, crocheting, socialising endlessly on social media (social butterfly!), listening to loads more retro music (my long-time interest) and delving into old aesthetics to brighten up my day."

**What do you look forward to in the future?**

"I look forward to undergoing my next stage of life at Uni and all that will greet me there, again getting to experience the world in a fuller sense, in an environment where we can be safe and remain safe (hopefully with lesser restrictions!)"

: Image by Aisyah. Aisyah designed this image to represent her feelings during COVID-19.



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It has been a stressful time navigating our way through COVID-19, home-school, wearing masks, not being able to see friends. A lot has changed, and you may be feeling anxious or overwhelmed.

Check out this list of top ten go-to mental health organisations:

<https://www.vichealth.vic.gov.au/be-healthy/ten-go-to-mental-health-organisations-for-young-people#>

**we are here to  
help, chat and  
support your  
goals.**

HUME CITY COUNCIL  
**Youth**



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**Hume Youth Services checked in with young people about their Covid 19 experiences, heres what they had to say....**



**Hume Youth Services**

21 November 2020 • ⚙

**Maanya, what have you done in 2020?**

"I have made a lot of new friends and made it through my first year of high school."

**How have you coped?**

"I have coped by playing games, chatting with friends, and doing puzzles."

**What do you look forward to in the future?**

"I look forward to going out of the house and everything getting back to normal."

: Image by Maanya. This is a photo Maanya supplied to represent her feelings during COVID-19.



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**Hume Youth Services**

3 December 2020 • ⚙

**Michelle, what have you done in 2020?**

"I've been completing my final year of year 12, and I'm currently doing my exams. However, I also earned my Queens Guide Award in 2020, and my Gold Duke of Edinburgh's Award!"

**How have you coped?**

"It's been hard to find motivation to do schoolwork or complete these awards, so I've just really tried to remind myself of my goals which has helped me to be motivated! I've also had some great friends, family, and people around me to help me out this year especially in online learning."

**What do you look forward to in the future?**

"I'm really excited to be able to travel again, and to be able to go to new places, learn new things and challenging myself. I'm looking forward to going to university in 2021 and meeting some new people!"

: Image supplied by Michelle



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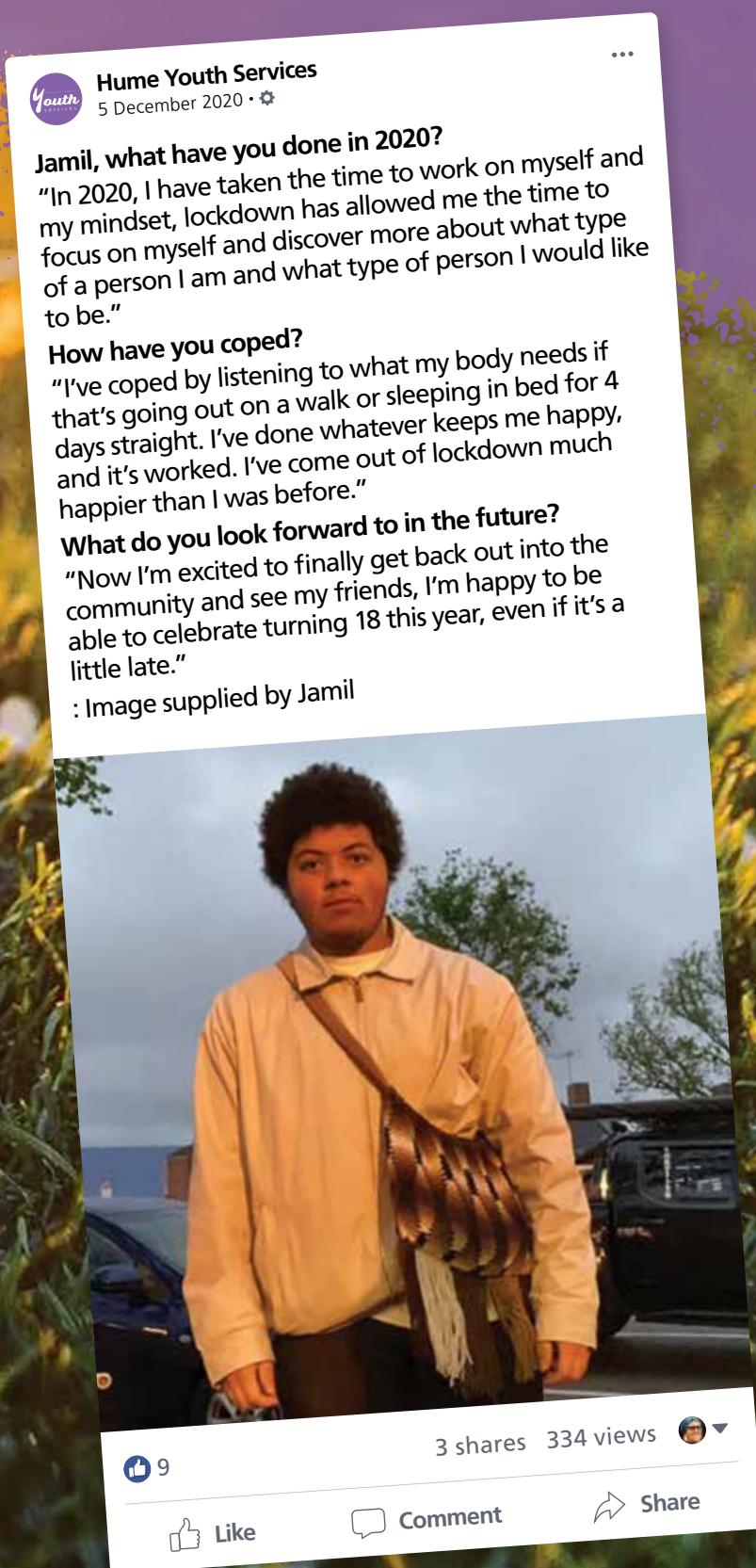
**"I look forward to going  
out of the house and  
everything getting back  
to normal"**

**– Maanya**



*“I’ve done whatever keeps me happy,  
and it’s worked. I’ve come out of lockdown  
much happier than I was before”*

– Jamil



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Hume Youth Services checked in with young people about their Covid 19 experiences, heres what they had to say....



Hume Youth Services

11 December 2020 • ⚙️

### Fadumo, what have you done in 2020?

"My greatest accomplishment or my greatest failure, depending on how you look at it is that I've successfully forgotten how the concept of time works. The six-month lockdown somehow went faster than the three weeks we spent out of lockdown. I spent the entire lockdown period working to keep my mental and physical state healthy and trying to balance my schoolwork."

### How have you coped?

"Because my family were all going through the exact same thing, it helped alleviate a lot of the burdens I felt. It was the fact that we shared this experience that really helped me get through the entire lockdown without losing my sanity."

### What do you look forward to in the future?

"I'm looking forward to seeing how we all return to a sense of normalcy. I look forward to completing my last two years of school, getting a job – everything that 'Sir COVID' made seem impossible."

: Image supplied by Fadumo



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Hume Youth Services

12 December 2020 at 16.30 • ⚙️

### Letisha, what have you done in 2020?

In 2020 it has been difficult to maintain a balance between work, school and extracurricular activities such as the Youth Summit Working group with the restrictions of COVID that has also led to a decrease in mental health. However, being a part of this group and planning to improve mental health in youth of Hume has been extremely rewarding and helped me to maintain a positive outlook towards the future and what we as Hume can develop to become.

### How have you coped?

This year was different for everyone and like many other year 12s I couldn't help but continue to feel sorry for myself with all I had missed out on from my last year of high school. However, I am proud that I was able to make it through the hard times and push forward with the support from my friends, family and Netflix.

### What do you look forward to in the future?

As the year is coming to an end, it is definitely one I will remember, and I look forward to a fresh new beginning as I enter university next year to start my new journey in life. Despite everything that our community went through this year, as a whole we were able to break through the struggles and find the shiny sparkles amongst the dark gravel and I wouldn't change that experience for the world!

: Image supplied by Letisha. Letisha enjoyed cooking during lockdown.



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"As a whole we were able to break through the struggles and find the shiny sparkles amongst the dark gravel"

– Letitia



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Hume Youth Services  
14 December 2020 at 19.00 •

### Tash, what have you been up to?

"Surprisingly, I've actually been doing a lot! I've been improving on my fitness and loss about 5kgs. I've also been doing my Tafe course online and it hasn't been too bad, but thankfully we were able to get back into the classroom just in time as we were running out of stuff to do at home. I've been watching formula one! Which is a Motorsport racing world championship, in basic terms it's drivers drive the fastest and most expensive cars on the planet!"

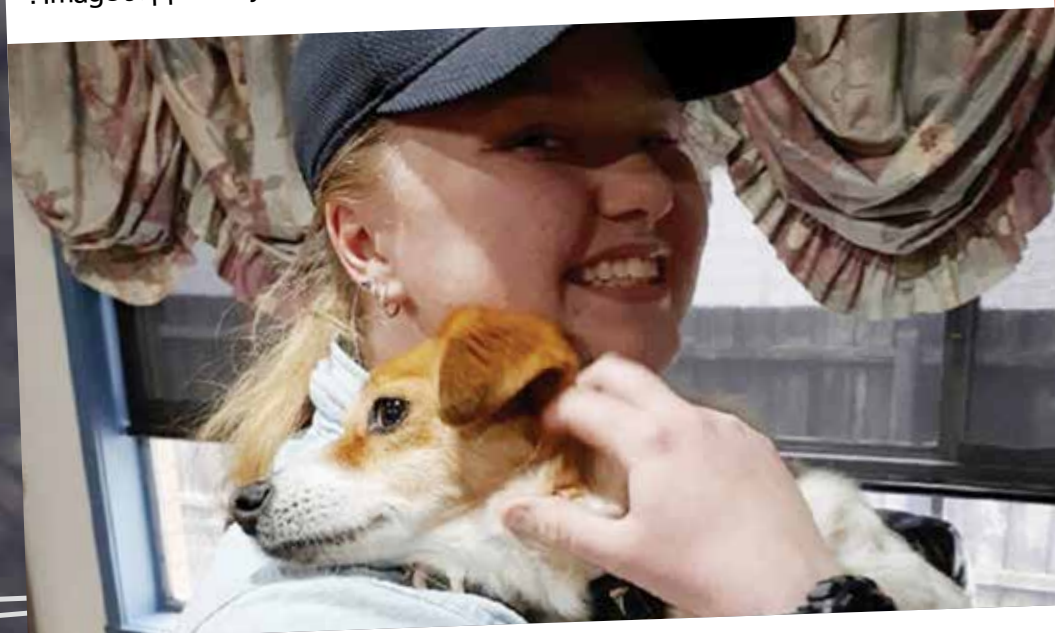
### How have you coped?

"That's a hard question, it's not been easy but I'm a positive person. The first thing that got me through was my family and friends, as it was sometimes difficult to see them every day, it was awesome to have company while staying at home. I've been talking to friends everyday online to do daily check ins and to have conversations that we wouldn't normally have in person, also finding out new things about everyone. The second thing was Motorsport. It is my passion and it's my dream to be on one of those teams one day and that's what I'm working toward as a long-term goal. The third thing was my dog Sunshine. Sunshine is my Jack Russell who I've had since I was 5 years old and is my adorable childhood dog. She was 4 when we got her, now she is 19 years old and going in be 20 next year! But sadly, her body is giving up slowly, she's got silver fox fur with beautiful glass brown eyes. What this pandemic has done for me and my family is that we got some quality time with her and to take care of her, and that's something that this year can never take back."

### What do you look forward to in the future?

"I'm looking forward to not having to wear a face mask, not having to stand 1.5 meters away from my friends, being able to travel, give hugs to people, go into a restaurant and spontaneously book a table, being able to play the sports I love to do with the people I love, not seeing people get freaked out because someone next to them coughed. What this pandemic has taught us human is to not overlook the little things in life, to appreciate the privilege of traveling, hospitality cafes and retails, to be able to go to your mum's house for a visit, being able to enjoy each other company. But until we create a vaccine or wait for the virus to die out, we need to stand together and fight! Fight for our privilege to be humans and to create a new and better world for ourselves. Take this chance to improve not only yourself but the people around you, let's take this thing by storm and kick the absolute hell out of it."

: Image supplied by Tash



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"What this pandemic has taught us humans is to not overlook the little things in life"

– Tash



Hume Youth Services checked in with young people about their Covid 19 experiences, heres what they had to say....



Hume Youth Services  
13 December 2020 • ⚙

**David, what have you done in 2020?**

I've pushed myself a lot in quarantine, trying to start drag and enrolling in further studies too.

**How have you coped?**

I have had my good and bad days during this quarantine. I have been finding new ways to keep occupied such as reading and doing makeup during this quarantine which has really improved my mental health.

**What do you look forward to in the future?**

Meeting up with friends and finally being able to hug them also I'm looking forward to meeting new people too.

: Image/quote supplied David

IN THE MIDDLE OF  
DIFFICULTY LIES  
OPPORTUNITY.

ALBERT EINSTEIN



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Hume Youth Services  
8 December 2020 • ⚙

**Gulrana, what have you done in 2020?**

"I've taken my time during the quarantine period by researching and educating myself on politics, as well as spending time talking with friends and playing games with them."

**How have you coped?**

"It definitely was not easy, as for all of us. I think what got me through all of this was agreeing with all the rules that were set by and telling myself that everything has an end and that this was just temporary. Keeping up with this mindset really helped me with my mental health & dealing with school work etc."

**What do you look forward to in the future?**

"I look forward to entering my upcoming high school years with a positive mindset as well as having a greater impact within our community!"

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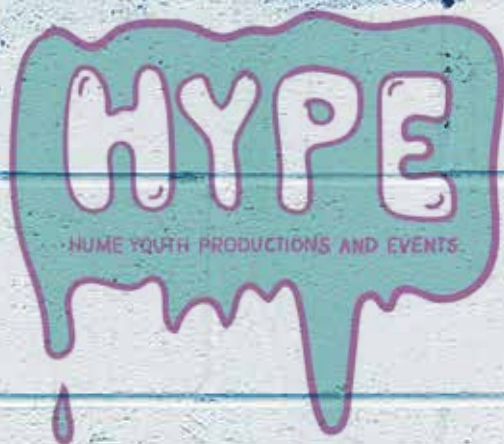
"I've pushed myself a lot in quarantine, trying to start drag and enrolling in further studies too"

– David





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# FREEZA

**Hume's FReeZA Committee HYPE (Hume Youth Productions & Events) is a group of local young people aged from 12-24 who plan and organise events for young people in Hume.**

**FReeZA is a State Government initiative that gives young people the opportunity to lead the planning and staging of live music and cultural events within their local communities.**

**As one of the state-wide providers, Hume City Council's FReeZA program provides performance opportunities for local musicians and emerging artists to showcase their talent through competitions and events. All FReeZA events are fully supervised, drug, alcohol and smoke free.**

**Being on a FReeZA Committee is a great way for young people from the area to develop event management skills and connections with the music industry with support and guidance from the Hume Youth team.**



Hume Youth Services

28 November 2020 • ⚙

Our FReeZA crew, Hype are recruiting for 2021! Check out the link below for information and how to get involved! [www.hume.vic.gov.au/FReeZA](http://www.hume.vic.gov.au/FReeZA)

**HYPE**  
HUME YOUTH PRODUCTIONS AND EVENTS



TO APPLY VISIT: [WWW.HUME.VIC.GOV.AU/FREEZA](http://WWW.HUME.VIC.GOV.AU/FREEZA)  
OR FOR MORE INFO CONTACT [YOUTH@HUME.VIC.GOV.AU](mailto:YOUTH@HUME.VIC.GOV.AU) OR 9205 2556

freeza  
[www.freeza.vic.gov.au](http://www.freeza.vic.gov.au)

VICTORIA  
GOVERNMENT

Youth  
SERVICES



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Hume Youth Services

24 November 2020 • ⚙

It has been a tough year for musicians, and with easing of restrictions, our young performers of Hume are finally able to get back to doing what they love. They will be doing multiple performances across Hume for the next few weekends, so from wherever you are, they have got you covered! Come along and check it out!

<https://www.hume.vic.gov.au/Residents/Things-to-See-and-Do/Christmas-in-Hume-Advent-Calendar>

**hey, check out  
upcoming  
youth week  
events**

HUME CITY COUNCIL  
**Youth**



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“I have gotten more of a social life from the committee, while also learning confidence and good organisation”

– Zoe



**Hume Youth Services**  
19 November 2020 • ⚙

We asked Zoe one of our HYPE FReeZA Committee members about her FReeZA experience:

**Why did you join the committee?**  
“I wanted to join the Sunbury FreeZa committee because I wanted to be more engaged in my community and Sunbury Youth Services.”

**What have you gotten out of the committee?**  
“I have gotten more of a social life from the committee, while also learning confidence and good organisation.”

**When you think of leadership, who do you think of and why?**  
“When I think of leadership I think of my mum and the ways she influences me in my life decisions. She has a kind heart and is a compassionate person and so I have modelled those values in my life.”

If you are interested in becoming a FReeZA committee member in 2021, check out the below link for application details [www.hume.vic.gov.au/FReeZA](http://www.hume.vic.gov.au/FReeZA)



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**Hume Youth Services**  
27 November 2020 • ⚙

Local young FReeZA musician, Helena, will be performing across the next few weeks for Youth Week as part of the Christmas in Hume celebrations. To see when Helena will be performing, visit <https://www.hume.vic.gov.au/Residents/Things-to-See-and-Do/Christmas-in-Hume-Advent-Calendar>

If you are interested in planning events, FReeZA is recruiting for 2021. Check out the below link for application details.  
[www.hume.vic.gov.au/FReeZA](http://www.hume.vic.gov.au/FReeZA)  
: Image supplied by Helena



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*“I’ve become more confident in planning events and working in a group to come up with ideas. I’ve felt that what I have to say is valued and taken on board”*

– Jamil

**Hume Youth Services**  
21 November 2020 • ⚙️


Meet Jamil, HYPE FReeZA Committee and Hume Youth Action Committee (YAC) member! Here is what Jamil had to say about his experience in FReeZA and Hume YAC.

**Why did you join the committee?**  
“I joined Freeza because I thought it would be a great opportunity to get experience and training in an area I was interested in but didn’t know much about. I joined YAC to be more involved in my community. I wanted to be able to have a say and make a difference.”

**What have you gotten out of the committee?**  
“I’ve become more confident in planning events and working in a group to come up with ideas. I’ve felt that what I have to say is valued and taken on board.”

**When you think of leadership, who do you think of and why?**  
“When I think of leadership, I think of the people in my community who really try and better the community for everyone and not just for themselves. People in my community who are very involved in what goes on inspire me to stay focused and involved in my community.”

If you are interested in becoming a FReeZA committee member in 2021, check out the below link for application details [www.hume.vic.gov.au/FReeZA](http://www.hume.vic.gov.au/FReeZA)



11 Likes 3 shares 334 views


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**Hume Youth Services**  
27 November 2020 • ⚙️

Local young FReeZA musician, Isaac, will be performing across the next few weeks for Youth Week as part of Christmas in Hume celebrations. To see when Isaac will be performing, visit <https://www.hume.vic.gov.au/Residents/Things-to-See-and-Do/Christmas-in-Hume-Advent-Calendar>

If you are interested in planning events, FReeZA is recruiting for 2021. Check out the below link for application details.  
[www.hume.vic.gov.au/FReeZA](http://www.hume.vic.gov.au/FReeZA)

: Image supplied by Isaac



3 shares 334 views

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**Hume Youth Services**  
28 November 2020 • ⚙

Local young FReeZA musicians, CharEm, will be performing across the next few weeks for Youth Week as part of Christmas in Hume celebrations. To see when CharEm will be performing, visit <https://www.hume.vic.gov.au/Residents/Things-to-See-and-Do/Christmas-in-Hume-Advent-Calendar> If you are interested in planning events, FReeZA is recruiting for 2021. Check out the below link for application details.  
[www.hume.vic.gov.au/FReeZA](http://www.hume.vic.gov.au/FReeZA)  
: Image supplied by CharEm



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3 shares 334 views



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**Hume Youth Services**  
29 November 2020 • ⚙

Local young FReeZA musicians, 2nd Glance, will be performing across the next few weeks for Youth Week as part of Christmas in Hume celebrations. To see when 2nd Glance will be performing, visit <https://www.hume.vic.gov.au/Residents/Things-to-See-and-Do/Christmas-in-Hume-Advent-Calendar> If you are interested in planning events, FReeZA is recruiting for 2021. Check out the below link for application details.  
[www.hume.vic.gov.au/FReeZA](http://www.hume.vic.gov.au/FReeZA)  
: Image supplied by 2nd Glance



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3 shares 334 views



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# TAKE OVER MELBOURNE

**Takeover Melbourne was a new initiative that creates a powerful platform for young Melburnians to be heard. High school students (and those outside formal education of equivalent age) were to share a story about their life and submit it to the Takeover Melbourne Competition. Hume City Council was proud to announce two winners from within Hume!**




**Hume Youth Services**  
26 November 2020 • ⚙

The time has finally arrived! Greater Melbourne is ready to hear the 31 captivating stories from its young people in ABC's Takeover Melbourne storytelling competition.

Meet Sara, one of the Takeover Melbourne winners from Hume! Sara shares her story about "escaping war in Iraq and finding safety, at last, in Melbourne". Almost 300 people aged 12 to 18 entered Takeover Melbourne this year, which is a new initiative run by the ABC. Hume City Council is proudly supporting #TakeoverMelbourne. Check out Sara's story here: [abc.net.au/takeover](https://abc.net.au/takeover)

: Image supplied by ABC Takeover Melbourne

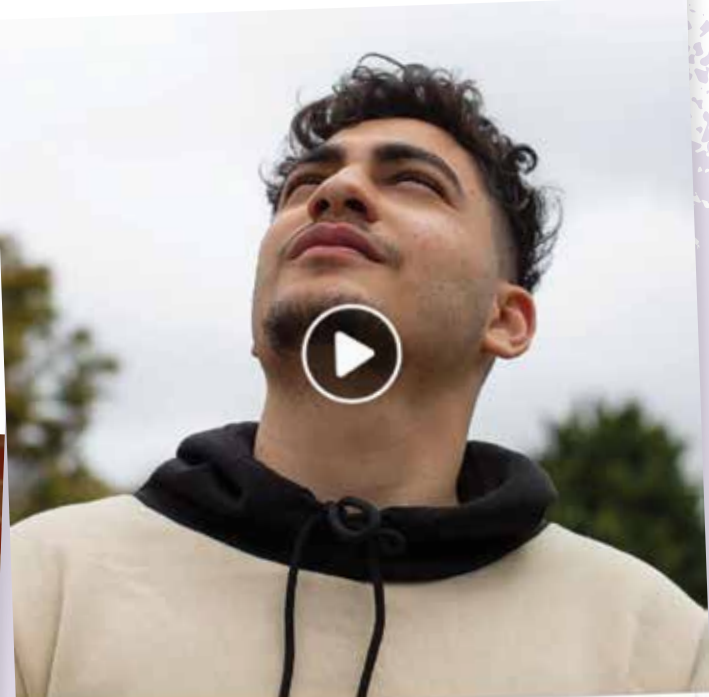


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**Hume Youth Services**  
15 December 2020 at 09:30 • ⚙

'The dangerous journey to Australia to get a strong education'. Hume City Council is proud to announce Mohammad as one of this year's ABC Takeover Melbourne storyteller winner. Watch Mohammad's inspiring and empowering story!  
: Video supplied by ABC Takeover Melbourne



**ABC Melbourne** •  
30 November 2020 • ⚙

"My goal in life is to become the future Prime Minister of Australia."  
Mohammad came to Australia as a refugee seven years ago.  
He's now just completed year ... See more

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# YOUTH ACTION COMMITTEE (YAC)

**The Youth Action Committee (YAC) is a group of aspiring young leaders who work together to co-design activities and solutions to improve outcomes for young people. This program is funded by the Department of Premier and Cabinet and is due to finish up at the end of the year.**

 **Hume Youth Services**  
1 December 2020 • 🌐

The Hume Youth Action Committee (Hume YAC) consists of approximately 12 aspiring young community leaders from diverse backgrounds ranging in age from 15-24 years, who commit to a 12-month period of working together. The Hume YAC identifies issues facing young people in Hume; co-designing and facilitating activities to improve the outcomes of young people. This program is funded by the Department of Premier and Cabinet – funding commenced in 2017 and is due to cease at the end of this year. It is a requirement of the funding agreement that the Hume YAC conduct community consultation and that this leads to the development of initiative/s that address the findings of the consultation.



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**Hume Youth Services**

15 December 2020 at 09:30 • 🌐

The Youth Action Committee (YAC) is proud to present two short films directed, written and starring our very own committee members.

300 consultations conducted in Hume recognised mental health and bullying as key issues affecting young people inspiring the production of the films to raise awareness and lead change.

The films, Bye-Stander and the Mental Health Bar are just a glimpse at what the YAC has in store for the future. These short films will be released throughout this week. So enjoy and keep watching this page for updates on YAC's next big projects. – this introduction was written by Dinuki.

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*“When I think of leadership I think of people in my community who really try to better the community for everybody, not just themselves”*

– Jamil





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Hume Youth Services  
2 December 2020 • ⚙

### Mental Health Bar

"This video has been intended to be viewed as recognising a person's mental health as something that is dynamic and constantly changing.

In making this we had hoped to capture mental health itself rather than any mental illness in particular and how when your mental health is in the "red zone" everything can be overwhelming. However, in this stressful period the presence of support can be super important. Hope you enjoy!" – Zoe



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*"YAC brought attention to how important it is to not ignore bullying. They explored how the situation can play out very differently depending on whether or not the bystander speaks out"*

– Fadumo



Hume Youth Services  
4 December 2020 • ⚙

### Say good-bye to standing by

"A team of young people directed their own short film that focused on bullying, specifically bystanders. Bye-stander is a short film done by the YAC (Youth Action Committee) to discourage bullying and encourage others to act properly, instead of just being an onlooker. It's easy to turn a blind eye when you're a bystander and with this short film, the YAC brought attention to how important it is to not ignore bullying. They explored how the situation can play out very differently depending on whether or not the bystander speaks out." – Fadumo



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# YOUTH SUMMIT

The Youth Summit Working Group are a group of young people who are passionate about supporting youth mental health. They have co-designed and planned for the Hume Youth Summit in 2021.

The Hume Youth Summit will provide a platform for young people to gain awareness about youth mental health, and to have a voice by providing feedback for service delivery and improvement required within Hume.





 **Hume Youth Services**  
24 November 2020 • ⚙️


Meet Aisyah, one of the Hume Youth Summit Working Group members.




Throughout 2020 young leaders in Hume have come together and participated in workshops, forums and action projects to help represent young people in Hume. Here's why Aisyah joined:

"I wanted to join a leadership program as I've always wanted to have the opportunity to have my voice heard and have a say in how the world around me can be better improved for us all. I also enjoy making new friends, connections and seeing other's perspectives to broaden my own, just some perks of becoming a leader!"





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 **Hume Youth Services**  
23 November 2020 • ⚙️

Meet Maanya, one of the Hume Youth Summit Working Group members. Throughout 2020 young leaders in Hume have come together and participated in workshops, forums and action projects to help represent young people in Hume. Here's why Maanya joined:

"I joined to learn about mental health and help others with their mental health."





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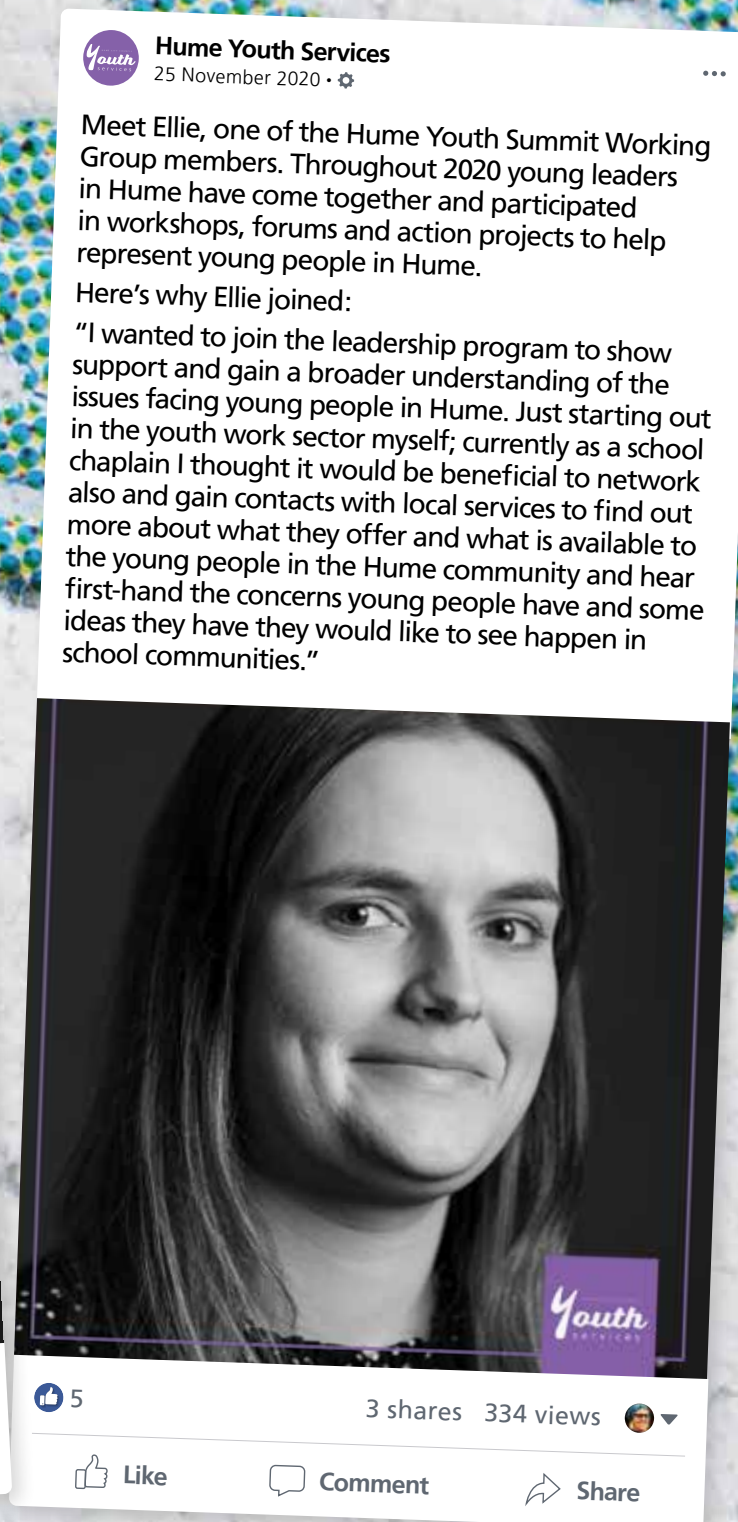
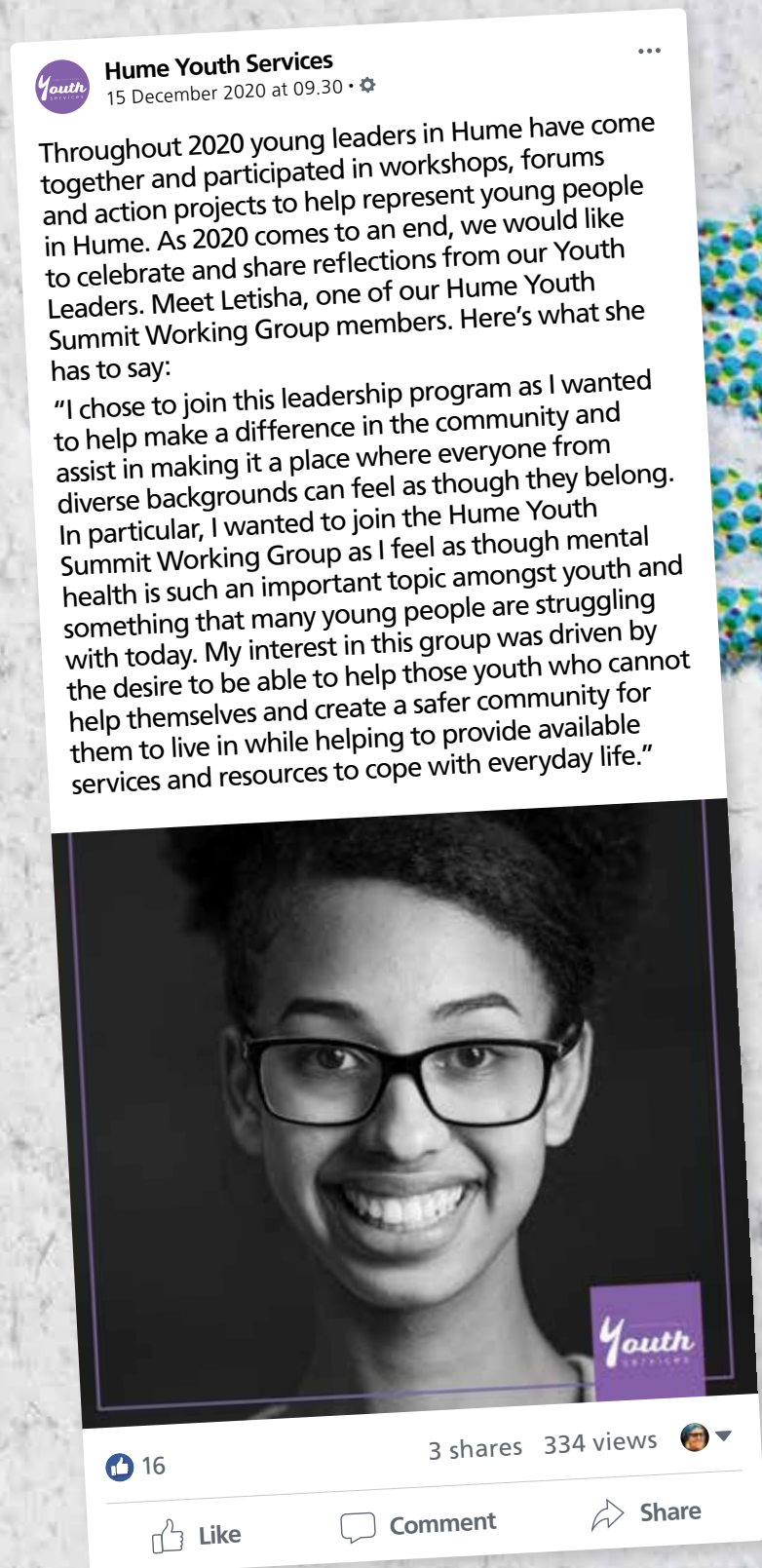


*“I wanted to join the leadership program to show support and gain a broader understanding of the issues facing young people in Hume”*

– Ellie



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# VICTORIAN STATE GOVERNMENT youth STRATEGY

The Victorian Government is developing a new state-wide youth strategy to make our state the best place to be for young people. Hume City Council put forward a submission to help contribute to this strategy. Hume Youth Services also widely promoted the opportunity for young people to have a say in the multiple forums that took place ensuring all demographics of young people were represented and had the opportunity to contribute to a strategy that will create real, meaningful change.





**Hume Youth Services**  
30 November 2020 • ⚙



There is an opportunity for young people to join a forum where you can have your say on what matters to you! The Victorian Government is developing a new youth strategy to make our state the best place for young people. You are invited to have your say by participating in an online youth forum for young people on Wednesday 2 December from 4pm to 6.30pm.

For more information and to register visit  
<https://www.yacvic.org.au/advocacy/shape-victorias-youth-strategy/>



YACVIC.ORG.AU

**Shape Victoria's new Youth Strategy**

We are supporting the Victorian Government to ensure young people ...



11

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Have your  
say on what  
matters to you!





# 16 DAYS OF ACTIVISM

Support is available for people experiencing violence or abuse call 1800 RESPECT

The 16 Days of Activism against Gender-Based Violence is an annual international campaign that kicks off on 25 November and runs until 10 December. With violence against women dramatically increasing during 2020 due to COVID-19 lockdowns, it was more important than ever to raise awareness.



**Hume Youth Services**  
25 November 2020 • ⚙

The UN's 16 Days of Activism against Gender-Based Violence is a global campaign that takes place annually between 25 November and 10 December. Throughout the next 10 days, Youth Services will be sharing important messages that supports the Respect Women: Call It Out 16 Days initiative coinciding with the United Nation's 16 Days of Activism against Gender-Based Violence.

**16 Days of Activism against Gender-Based Violence**

4 likes 3 shares 334 views

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**Hume Youth Services**  
26 November 2020 • ⚙

AFL Women's (AFLW) Carlton superstar Tayla Harris holds the well-deserved title of Victoria's Young Australian of the Year. Tayla was acknowledged for her work to challenge bullying and disrespect towards women online. Tayla Harris continues to break barriers and hold the AFLW and the wider community to a higher standard as she speaks out against domestic violence and gender-based online abuse. Have a read of this article about Tayla Harris and her parents opening up about the online negative comments she received over a photo of her kicking a goal #16dayscampaign #respectis #callitout <https://www.abc.net.au/news/2020-06-09/tayla-harris-and-her-parents-speak-about-online-abuse-over-photo/12297576>

**Respect is recognising a problem and being part of the solution.**

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*“I’m an advocate for gender equality by doing as much as I can when I can”*

– Bree

**Hume Youth Services**  
1 December 2020 •

Who has seen the Disney movie Brave? This movie is a great example of challenging gender roles. Merida refuses to conform to the princess stereotype. Brave does not focus the story on the princess falling in love with a prince. Instead, the movie illustrates a strong, determined, courageous young girl that focuses on her relationship with her family.

Do you know of any other good movies that challenges gender roles?

**Challenge gender stereotypes with the children in your life.**

1 3 shares 334 views

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**Hume Youth Services**  
2 December 2020 •

We asked Bree from Hume Youth Services Stand Up, Speak Out program what gender equality means to her:

“Gender equality to me means being able to do anything I put my mind too despite men and society telling me I can’t. It also means uplifting other women and pushing for a unified win for all women in professional fields, but most importantly gender equality means helping the women all across the world who are living in less fortunate circumstances and are in need of a helping hand from abuse, violence, and so many other double standards and inequalities. Young people can challenge gender stereotypes by calling out inequality wherever and whenever you see it (as long as it’s safe to do so of course), you can do so directly or indirectly by talking to the person or just trying to tell them off indirectly by pulling up another point. Other subtle ways of challenging stereotypes can include gender neutral language, or gender-neutral clothing/ fashion. I’m an advocate for gender equality by doing as much of the previously mentioned things as much as I can when I can. I’m also an active member in multiple youth led action groups such as Good People Act Now and Stand Up Speak Out, both of which organise events that raise awareness for gender equality and against domestic violence.”

**Learn how to become an active bystander to address gender-based violence.**

1 3 shares 334 views

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**Hume Youth Services**  
15 December 2020 at 09:30 • ⚙

Support is available for people experiencing violence and abuse by contacting 1800 RESPECT or using their online chat feature.  
Please contact 000 if you or anyone else is in immediate danger. <https://www.1800respect.org.au/>

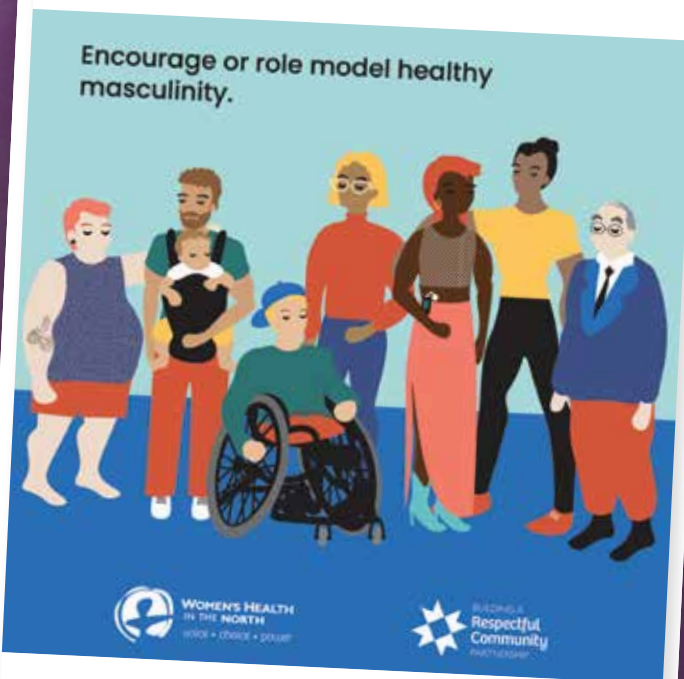


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**Hume Youth Services**  
7 December 2020 • ⚙

VicHealth have shared an important message about "outdated rules on how to be a man." Watch this clip on 'breaking free from outdated rules' #16dayscampaign <https://www.youtube.com/watch?v=m1m0T2UDAl0>



1

3 shares 334 views



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**Hume Youth Services**  
10 December 2020 • ⚙

Hume Youth Services takes great pleasure in congratulating Youth Service ambassadors Maddi and Dinuki in being the 2020 recipients of Good People Act Now (GPAN) Eurydice Dixon Gender Equality Champions Award. This award recognises young peoples' commitment to gender equality and ending violence against women in their communities. Well done to Maddi and Dinuki for your activism in gender equality!



4

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# END OF YOUTH WEEK

## MESSAGE FROM THE MAYOR OF HUME CR JOSEPH HAWEIL

This year has been particularly challenging for young people with the (COVID-19) pandemic adversely affecting education, employment and social connections.

As we emerge out of COVID-19 restrictions, Youth Week has been an opportunity for young Hume residents to showcase their talents, share their experiences and reconnect with friends, peers, and wider community. Our Youth team provides lots of great services to help our young community with development and guidance – we encourage you to reach out and get involved.



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Hume Youth Services  
15 December 2020 at 19:30 • ⚙

Celebrate the end of Victorian Youth Week 2020 with a performance from CULTURE EVOLVES! Join Brent Watkins (Gunai Kurni/Noongar Yamatji) and Sean Ryan (Kuku Nyunkal) for storytelling and mesmerising traditional dance performances accompanied by the didgeridoo. Presented in partnership by Hume City Council and the Hume Local Aboriginal Network (LAN).



👍 9

3 shares 334 views

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Hume Youth Services  
15 December 2020 at 21:00 • ⚙

Closing out Victorian Youth Week with a message from our Mayor Cr. Joseph Haweil. Check out the video below!



👍 4

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# REACH OUT FOR SUPPORT WHEN YOU NEED

Here are some useful contacts:

- Hume Youth Services 9205 2556
- Lifeline 131114
- Kids Helpline 1800 551 800
- Q-Life (LGBTIQ Support) 1800 184 527
- headspace 1300 880 218
- Beyond Blue 1300 224 636
- 1800 Respect 1800 737 732



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