



INTRODUCTION

Located 20kms north of Melbourne CBD, Hume City offers an exciting mix of experiences and activities for those who live, work and play here.

Hume City has a range of sporting facilities including swimming pools, leisure centres, groups exercise facilities, tennis courts, golf courses, bowling greens, bocchia courts, a skating rink, skate parks, stadiums that host basketball, netball, volleyball and badminton, as well as sport fields that cater for numerous sports.

In addition to these facilities, the City boasts a splendid array of parks and gardens that are an ideal venue for a leisurely walk, jog or cycle.

Walking is Hume's most popular recreational activity. Walking and cycling are also a great way to travel to work, school or the shops.

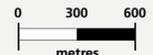
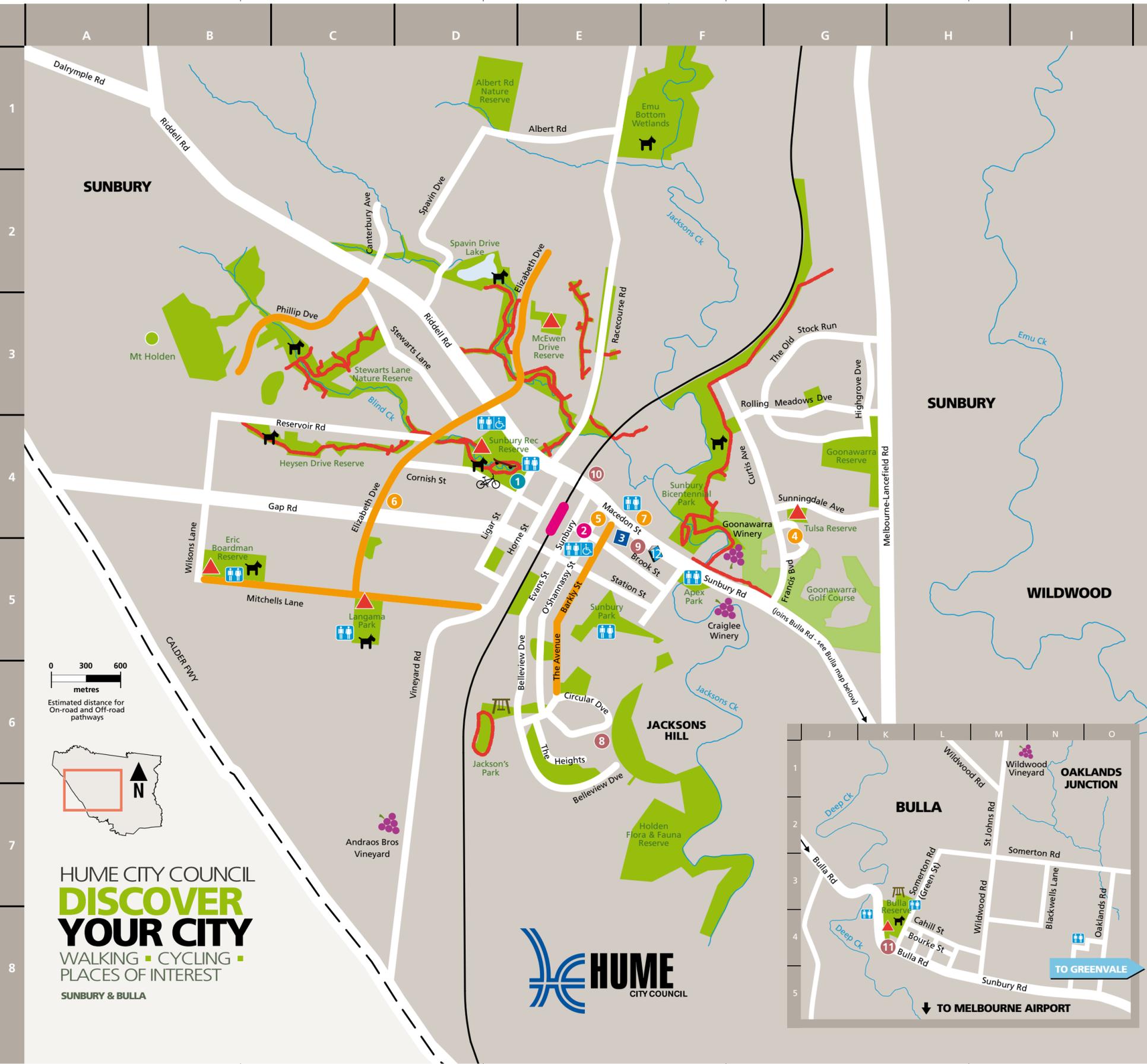
These maps are intended to help you make your way around Hume and also to enjoy our many facilities and attractions.

HumeLink

Hume City Councils
multilingual telephone information service.
General enquiries: Telephone 9205 2200

المعلومات باللغة العربية	9679 9815
معلومات باللغة العربية	9679 9809
Za informacije na bosanskom	9679 9816
Za informacije na hrvatskom	9679 9817
Για πληροφορίες στα ελληνικά	9679 9818
Per avere informazioni in italiano	9679 9819
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Türkçe bilgi için	9679 9822
Muốn biết thông tin tiếng Việt	9679 9823
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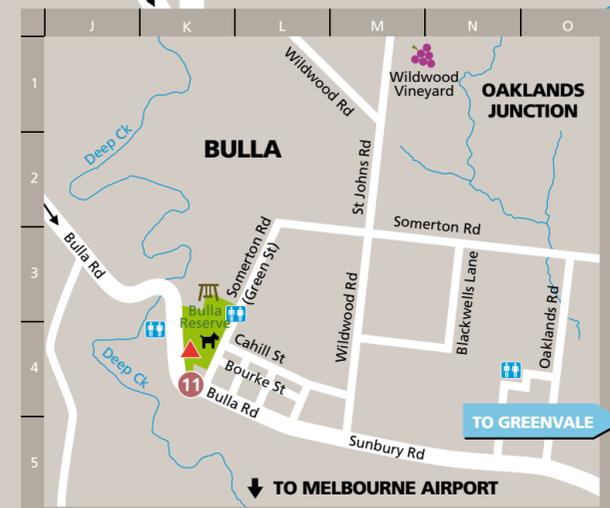
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SUNBURY & BULLA



Estimated distance for On-road and Off-road pathways



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USEFUL RESOURCES:

- www.bv.com.au
Bicycle Victoria
- www.travelsmart.vic.gov.au
Guide to Melbourne's Bike Paths (Travelsmart)
- www.orc.org.au
Outdoor Recreation Centre Victoria
- www.vichealth.vic.gov.au
Vichealth
- www.parkweb.vic.gov.au
Parks Victoria
- www.metlinkmelbourne.com.au
Train, Tram and Bus Services Victoria
- Hume City Council**
PO Box 119 Dallas Victoria 3047
Telephone 03 9205 2200 Facsimile 03 9309 0109
www.hume.vic.gov.au

	Leisure Centres	
1	Sunbury Aquatic Centre	E4
	Shopping Centres	
2	Sunbury Square Shopping Centre	E4
	Council Offices	
3	Sunbury Customer Service Centre	E4
	Neighbourhood Houses and Learning Centres	
4	Goonawarra Neighbourhood House	G4
5	Sunbury Community Health Centre / Neighbourhood House	E4
6	Macedon Ranges Further Education Centre	D4
7	Sunbury Visitor Information Centre	F4
	Community and Arts Facilities	
8	Boilerhouse Community Arts Centre	E6
9	George Evans Museum	F5
10	Rupertswood Mansion	E4
11	Alister Clark Memorial Rose Garden	
	Libraries	
12	Sunbury Library	F5
	Public Toilets	
	Accessible Toilets	
	Sunbury Recreation Reserve	D3
	O'Shanassy Street Shopping Strip	E5
	Accessible Playspaces	
	Jackson's Park	D6
	Bulla Reserve	K4
	District and Regional Parks/Reserves	
	Active Sports Reserves	
	Skate Facilities	
	BMX Tracks	
	Wineries	
	Dog Off-leash areas	
	Train Station	
	Hume City Boundary	
	Cycling Lane On-road	
	Pathways Off-road	

This map joins the Broadmeadows and Craigieburn map



PLACES TO VISIT

Alister Clark Memorial Rose Garden

Corner Bulla Road and Somerton Road (Green Street), Bulla
Telephone 9307 1485

The Alister Clark Memorial Rose Garden is maintained by the Bulla Garden Club and dedicated community volunteers, with the assistance of Hume City Council. The garden is dedicated to growing, displaying and promoting the world famous roses developed by Alister Clark. Alister Clark (1864-1949), was Australia's most prolific rose breeder. He lived and bred his roses in Bulla. He released 122 roses between 1912 and his death. The Alister Clark Memorial Rose Garden currently contains 60 of the 66 available Alister Clark roses. The garden is maintained by volunteers, who give their time to weed, plant, prune, tidy and enjoy the garden. Monthly working bees are held and everyone is welcome to come along. The garden is open every day of the year for visitors to stroll around and admire the varieties of roses.

Sunbury Aquatic Centre

Ligar Street, Sunbury
Telephone 9740 9766

Take a trip to Sunbury's premier aquatic leisure centre. The centre includes a heated indoor pool, spa, sauna, a 50-metre outdoor pool, great play areas for the kids, a kiosk and a fully equipped gymnasium. The centre also offers fun and challenging group fitness classes, childcare, swim lessons for the kids, and two outdoor tennis courts.

Sunbury Community Festival

Village Green, Sunbury
Telephone 0413 222 385

The Sunbury Community Festival is an annual two-day event held on the third weekend in March each year. Held on the Village Green in Sunbury, the event attracts in excess of 25,000 people on both Saturday and Sunday.

The annual Sunbury Fair which is held on the Saturday is filled with fun for all members of the family. The Village Green comes alive with Community groups & traders stalls, amusement rides, live entertainment, youth stage and entertainment, Grand Street Parade, Torch Light Parade, a wide variety of food vendors and much more!

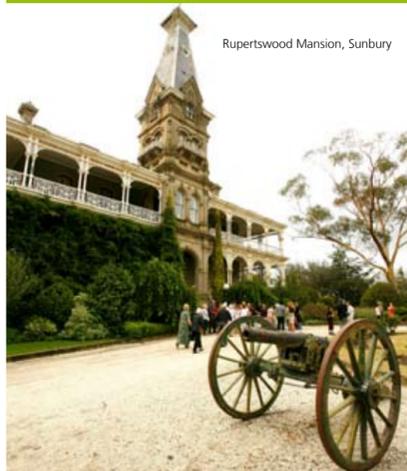
Rupertswood

3 Macedon Street, Sunbury
Telephone 9740 5020
www.rupertswood.com

At the end of a long winding drive, nestled amongst mature trees, stands Rupertswood Mansion. A remarkable architectural expression of the Victorian era, it's magnificent proportions and unique gardens are testimony to the privilege and power that prevailed on these grounds. Many historical figures visited Rupertswood, including Dame Nellie Melba, several Governors of Victoria, and a rumoured visit by the Duke and Duchess of York, (later to become King George V and Queen Mary).

Rupertswood is a place steeped in history, perhaps best known as the birthplace of The Ashes, a tradition created from a social game between the visiting English Cricketers and a local Sunbury side, made up largely of Rupertswood staff.

Today, Victoria's most famous country house returns to its original function as a centre of great entertaining. Imagine holding your next business meeting, small convention or even your wedding just minutes from Melbourne Airport at elegant Rupertswood Mansion.



Rupertswood Mansion, Sunbury

Sunbury Wine Region

www.sunburywines.com.au

Just beyond Melbourne Airport are the closest vineyards to Melbourne, in the Sunbury Wine Region. The Region takes in the areas of Keilor, Bulla, Clarkefield, Sunbury, Diggers Rest, Rockbank, Parwan, and even Melton and Bacchus Marsh.

The Sunbury Wine Region is close enough to Melbourne and Melbourne Airport to take an easy wine-buying drive where you'll be able to discuss with winemakers how the wine is formed.

Since the 1860s the principal grape variety has been Shiraz; but currently Chardonnay, Riesling, Semillon, Traminer, Pinot Noir, Cabernet Sauvignon, and some Italian varieties have been planted.

Grapes are sold locally and to major wine producers. Wines are distributed to Melbourne, regional Victoria, interstate and internationally. Many of the region's boutique wineries have a cellar door open for tastings and sales and some have cafes and restaurants open for lunch and dinner.

Sunbury Visitor Information Centre



Sunbury Visitor Information Centre

43 Macedon Street, Sunbury
Telephone 9744 2291

The Sunbury Visitor Information Centre, is located in the beautifully restored Old Sunbury Court House and is open daily from 9am to 5pm.

The Centre offers a wide range of services for both residents and visitors. At the Centre you can:

- Get free citywide information
- Get free Sunbury and surrounds information
- Chat to our local friendly volunteers
- Discover the history of our region and the story behind the Birthplace of the Ashes
- Dress up as a judge and preside over the courtroom
- Get free brochures, including Tourism Victoria's Jigsaw range, Parks Victoria maps, wineries and attractions throughout Victoria, Melbourne Official Visitors Guide, and much more
- Enjoy a free cuppa
- Browse through historical literature and photos
- Purchase Sunbury and Australian souvenirs

Boilerhouse Community Arts Centre

Building 20, Boilerhouse Rd, VU Campus, Sunbury
Telephone 9218 3330

A thriving hub of arts activity in Sunbury and the surrounding area. The Centre is a base for visual arts, crafts, theatre, dance groups and much more.

Sunbury Wine Region



BENEFITS OF ACTIVITY

If you are physically active, you will most likely:

- Have improved long-term health
- Feel more energetic
- Manage your weight better
- Have enhanced balance, coordination, mobility, strength and endurance
- Feel more confident, happy and relaxed, and are able to sleep better

Why walk and cycle

Walking and cycling are ideal forms of physical activity because:

- Almost everyone can participate
- You can exercise or just enjoy yourself
- You can incorporate these activities into your daily travel patterns such as walking or cycling to work, the shops or school
- You can do it on your own or as part of a group
- You can enjoy your local neighbourhood or beyond

Ideas to help you get motivated to exercise

You are the most important source of motivation. Start off slowly and set realistic goals for yourself. Other factors can assist and some good tips to help you stay active are:

- Try to incorporate movement and activity into your normal daily routine (e.g. getting off a stop early to walk to work).
- Choose an activity you really enjoy doing if you have to set aside a special time for exercise.
- Be active with a friend or family member.
- Look for exercise options convenient and close to your home or work.
- Set yourself short-term, realistic, achievable goals and reward yourself sensibly when you've achieved them (e.g. over the next 3 weeks I aim to walk 3 times a week for 20 minutes).
- Keep a weekly activity diary, so you can plan your week and keep track of your progress and monitor if you are meeting your goals.
- Remember you will have setbacks that interrupt your activities. The key is to treat setbacks as temporary and to get going again as soon as you can.

These activities are good for the environment as they don't add greenhouse gases or pollution to the atmosphere.

Jackson's Park Playground, Sunbury



HOW TO JOIN A BICYCLE OR WALKING GROUP

Many cyclists may have only ridden along local streets and surrounding suburbs. This is a good way to get started cycling, but after riding the same paths many times, you may be ready to venture further.

You start to think that it would be nice to ride to other places, but the thought of riding by yourself isn't too appealing. Maybe you think that it would be nice to meet other people who, like you, enjoy cycling. Maybe you're looking for somebody who enjoys outdoor activities like you. If any of the above scenarios sound like they might fit you, consider riding with, or joining a Bicycle Club.

You may want to try out the group first. If you are a novice cyclist it is a good idea to start small and work your way up to bigger rides.

Visit Bicycle Victoria's website www.bv.com.au and check out their upcoming events and latest news.

The Bicycle Victoria website maintains three lists of groups and clubs in areas around the state:

- Bicycle User Groups (BUGs) A-Z listing
- Cycling clubs A-Z listing
- Finding a ride to suit you

SAFE WALKING

Walking for exercise and enjoyment is Victoria's most popular sport or recreation activity. Not only is it great fun, it can be done alone or with others. It is one of the most important things you can do for your mental and physical well being.

Walking tips:

- When crossing roads, remember to look both ways, listen and think.
- Where possible, cross at pedestrian crossings or at locations where you have a clear view of all traffic and where drivers can see you.
- BE SEEN! Wear light coloured clothing, and at night a reflective aid is useful.
- Walking with someone is safer than walking on your own. Encourage family, friends or a neighbour to join you.
- When walking on your own remember to tell someone where you are going and give them an estimated time of your return.
- Keep to the left of the path and/or be aware of what's happening behind you. If you hear a bike bell or voices, please move to the left of the path to allow for other pedestrians, cyclists, runners, skaters, scooters and wheelchair users to pass easily.



Enjoy your local parks



SAFE CYCLING

Helmets: A helmet can provide vital protection if you fall off your bike and is required by law. It is essential that the helmet is comfortable and fitted correctly.

Lock: This can be a cable lock, a chain with padlock, or ideally a rigid metal D-lock.

Lights: A white light on the front of the bike and a red light on the rear are required by law when cycling in the dark. Most lights are designed to be quick release so always remove them when leaving your bike.

Reflective clothing: Wearing a reflective vest or jacket will make you more visible to other road users and is highly recommended if you are intending to cycle at night or in heavy traffic.

Water bottle: When cycling long distances, or in warm weather, it is possible to become dehydrated so don't forget to take plenty of liquid. Bottle carriers that fit to the bike frame are available from bike shops.

Puncture repair kit: Available from any bike shop, this will contain rubber patches, glue, marker crayon and abrasive paper.

Cycling should only occur on pathways marked for cycling use and in accordance with traffic regulations.



SUNBURY & BULLA

For more cycling tips visit www.urbanbicyclist.org

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