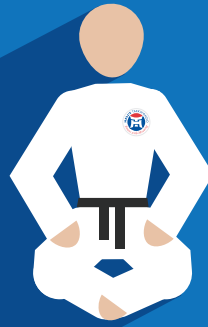


HOW TO GET STARTED



The Intro Program at Hall's Taekwondo is the perfect way to try our martial arts style, 'one-on-one' before experiencing the class we recommend, according to your age and ability. Your regular class needs to be just right!

For just \$9 the program includes one private session and an opportunity to chat about your goals on the path to Black Belt.

Let Hall's Taekwondo teach you the skills to improve your fitness and confidence for a strong, richer, healthier life.

INTRO

- Your intro starts with a one-on-one private session
- We'll teach you valuable skills, show you around the Hall's Taekwondo facility, see classes in action and answer your questions
- From there we'll recommend the best class for you to get started!

EXCLUSIVE BENEFITS

- Increase energy, improve fitness and strength
- Relieve stress with martial arts techniques
- Improve concentration, performance and mood in all areas of your life
- All this, while you learn valuable skills on the journey to Black Belt
- **BONUS** when you join at a Centre location you receive exclusive virtual access to our Home Based Training platform with on demand videos and livestream classes. Everyone benefits from this!

GET STARTED INTRO OFFER

Use promo code
GETSTARTED
to redeem your
\$9 FREE INTRO online

GET STARTED



Visit us at any of our full-time Centres, give us a call or **BOOK NOW** online - scan QR code.