

# Term 3, Week 10

## Experience 1



### Healthy Snack – Ants on a log

Healthy eating is essential for you child’s good health, growth and development.

Children need healthy snacks during the day to keep up their energy levels. They will this one. Watch Deanna make ‘Ant’s on a log’. Believe us, they taste far better than it sounds.

### Learning that occurs

Children will be encouraged to make healthy snack choices as they become involved in this fun food preparation activity.

### Keywords to use

Healthy, vegetable, fruit, shapes and count.

### Resources

[Watch Deanna make her Ants on a Log](#)

Celery sticks – washed and cut into pieces  
Spreadable cream cheese  
Sultanas

### Questions to ask

Why is this a healthy snack?  
What else could you add to this?  
I wonder why this snack is called “Ants on a log?”.

# Term 3, Week 10

## Experience 2



### Just the Way We Are

This is a diverse picture book that focuses on five different children who come from different social and cultural backgrounds as they explain why their family is just as special as yours despite it looking different on the outside.

### This will help your child

To learn that we are all different, and that our families come in many different forms. To understand the meaning of diversity and inspire young readers to understand and appreciate the 'normality' of their own and others' families'.

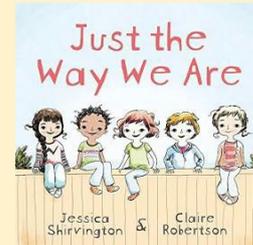
### Keywords to use

Family, different, same, perfect the way we are.

### Resources

[Read along to Just the Way We Are](#)

### About the book



*Just the Way We Are*, by Claire Robertson and Jessica Shirvington.  
Published by Harper Collins.

# Term 3, Week 10

## Experience 3



### There is a Sea in My Bedroom

With the help of a conch shell and his imagination, a little boy overcomes his fear of the sea and learns to enjoy it.

### This will help your child

Reading books is known to help children with concentration, memory retention and analytical skills.

### What's next?

When you next go on a walk, you might like to bring home with you something from nature, a rock, leaf, bark etc. What do you imagine it might be? I wonder if you can tell or draw a story to tell us about this thing.

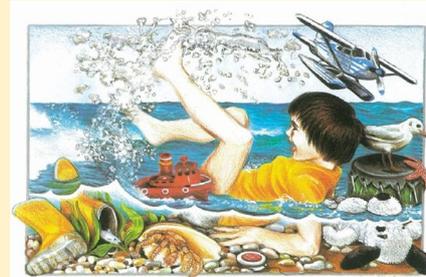
### Keywords to use

Beach, sea, imagine, imagination, play and conch shell.

### Resources

[Read along](#)

### About the book



*There's a Sea in my Bedroom*, by Margaret Will, illustrated by Jane Tanner and published by Puffin.

# Term 3, Week 10

## Experience 4



### Daffodil Day

Daffodil Day is nationally celebrated on 28 August each year. The raises awareness of cancer. Funds raised support the important work done by doctors and scientists to research life-saving research.

### This will help your child

To make connections between experiences, concepts, and processes. Though hands on learning experience, children express wonder and interest in their environments.

Talking with children about SunSafe practices is a great way to start the conversation about preventable diseases.

### Keywords to use

Daffodil, craft, flower, stem and grow.

### Resources

Egg carton, craft glue (or tape), scissors, a marker and something you can use as a 'stem'. Brydie has used a stick from her garden, but you can also use a straw or pipe cleaner.

[Brydie shows us how to](#)

### Questions to ask

Which part of the flower is the stem? What does the stem do?

See Samantha's explanation about how plants drink [here](#).

# Term 3, Week 10

## Experience 5



### Gingerbread people in the kitchen

Involving your child in simple cooking activities encourages confidence and learning. As they make these gingerbread people they will be experimenting with design, decoration, and sorting objects by colour, size and shape. Creating their own patterns or designs allows them to make their own decisions and to plan how they will go about creating their design.

As your child rolls the dough out thinner and thinner get them to describe what they are doing using the language of measurement. When your child decorates the gingerbread people, they will be counting out lollies or decorations to put on top, estimating the number of buttons they will need and using mathematical language regarding size, measurements, and quantities.

### Resources

#### Ingredients

125g softened butter

2 ½ cups flour

½ cup brown sugar

½ cup maple syrup

1 egg

1 tbsp ginger

1 tsp mixed spice

1 tsp bicarb soda

[Maria is in the kitchen](#)

Note: if you do not have gingerbread person cutters, you can use other shapes or cut with a butter knife.

# Term 3, Week 10

## Experience 6



### Mr Topsy Turvy

How is it, that no matter how high Mr. Topsy Turvey is thrown in the air he always lands the right way up and with his feet on the ground? Let's make our own and test out the theory. Here is a hint, his feet are heavier than his body.

### This will help your child

This fun activity sets the scene for children to explore the concept of gravity. Using real life examples can help demonstrate new concepts and encourages children to hypothesize and makes guesses.

### Keywords to use

Gravity, force, fall, weight, drop and land.

### Resources

Balloon, cardboard, scissors, tape and a marker.

### Questions to ask

Why do you think he only lands on his feet?

Does he still land on his feet if we turn him upside down?

Does it have something to do with his feet?

# Term 3, Week 10



## Experience 7

### I don't know why she swallowed a fly

There was an old Lady who swallowed a fly. This popular children's tale of a lady who swallows animals, from a fly, to a spider and eventually a horse. It is absurd, it is nonsense and some of the reasons children often find the story amusing.

### What is next?

Retelling familiar stories that support the development of Narrative and Recount Writing. Children begin to understand sequences and can predict storylines based on the information they already have. On a piece of paper, draw the outline of a body and draw the things that the lady

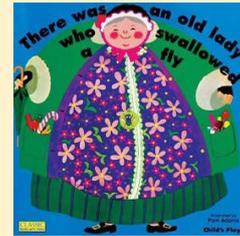
### Keywords to use

Swallowed, stomach, animals.

### Resources

[Read along](#)

### About the book



Written by Rose Bonne, illustrated by Pam Adams and published by Child's Play International.

# Term 3, Week 10

## Experience 8



### When you go walking

Simmi is out for a walk in the sunshine, she is taking the walking trail up Mt. Ridley Hilltop Reserve in Craigieburn. Simmi finds a few things to bring home with her for the sorting and classifying activity.

### This will help your child

Classification is a fundamental pre-number learning concept that children learn about the world around them. Start by comparing two items, which is the largest? Children start to notice the different characteristics of items.

### Keywords to use

Nature, size, shape, colour, sorting and texture.

### Resources

[Walk with Simmi](#)

As you walk, notice the natural landscape and follow Simmi's lead.

### What's Next?

Look at the sheet that Simmi created to record the characteristics of the leaves she has collected.

Sort and classify your leaves. Are they small, medium, large? What colour are they?