

Term 3, Week 9

Experience 1



Hindi Rhyme – Mummy Ki Roti Gol Gol

Read and sing along to a Hindi Rhyme with Simmi.

This rhyme is called Mummy Ki Roti Gol Gol.

It's about the things that that children can find at home that are round.

Learning that occurs:

Learning in languages other than English helps children to improve their overall literacy and understanding of how language in general works.

Education experts have found that there are many benefits to children learning in another language at a young age, including: increased literacy, cognitive flexibility, bolstering self-esteem and wellbeing, strengthened cultural identity.

Keywords

Language, Communication, Music & Movement.

Resources

[Rhyme time with Simmi](#)

Follow on:

Can you find the round things mentioned in this poem in your home?

What other round items can you see? This could be either inside your home, or when your out on a walk.

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Experience 2



Rice Pudding

Aziz is back in the kitchen and is making rice pudding. This dish is popular with many cultures and everyone has their own spin on this recipe. Served warm or cold with some dried or fresh fruit for something different. [Aziz shows us how to](#)

Why we love this

Bluebird Way Preschool are currently working on a School Readiness project and in their work with Free Kinder Association, the team have been collecting recipes from children and families which will be compiled for a cookbook.

What is School Readiness Funding?

School Readiness Funding is designed to give all Victorian children an equal chance to thrive by providing kindergartens with resourcing to improve educational outcomes.

You will need

3 cups full cream milk
¼ cup medium grain rice
1 tsp vanilla essence
½ cup sugar
2 tbsp cornflour
Optional: cream, rose water, sultanas, slithered almonds and shredded coconut.

Questions to ask

Did you notice that there seems to be more rice now that we have cooked it?

How does the rice increase in size?

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Experience 3



Healthy Eating - Rainbow Wrap

Healthy Eating is essential for your child's good health, growth and development. As part of a healthy and balanced lifestyle, children need to be physically active and eat the right food and amount of nutrients to balance the energy they use, such as fruits, vegetables, fish, lean meat, poultry, milk, cheese and yoghurts.

This will help your child

To encourage to cook and try new recipes together. Make healthy foods fun, for example by cutting fruits into interesting shapes. It encourages your child to be involved in making or cooking food for their lunch or dinner.

Keywords to use

Mathematical skills, cutting, colours, shapes, vegetables, volume, mass and size.

Resources

[Amena shows us how to](#)

Flat bread, vegetables, such as, capsicums, red, yellow and green, carrots, mixed lettuce leaves.

Dressing: olive oil, lemon, palm sugar or brown sugar, soya sauce

Questions to ask

Can you name all the vegetables?
What makes this meal a healthy choice?

What else can we make with these ingredients?

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Experience 4



Music

In this activity you will listen to the sounds of the instruments and see if you can name them. Sing along to the sweet lullaby at the end, and then see if you can make your own instrument at home.

This will help your child

Music enhances brain function in children. Musical Activities such as playing an instrument singing or just listening to music Boost cognitive skills and encourages self-expression.

Keywords to use

Music, percussion, strum, sounds, beat and notes.

Resources

Simone from Sunningdale
Preschool tells

[The sounds of music](#)

Questions to ask

What instruments do you see?

What other items in your house
could you use to make music?

How do you think the instrument
is played, blown struck or
strummed?

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Experience 5



Handa's Surprise

Watch video presentation of story "Handa's surprise". Ask your child to describe what present they would like to surprise their friend with and if they would like to draw that present.

Take a photo of your child's drawing and send it to their educators to pass on via email to their friend – maybe they will reciprocate!

This will help your child

By surprising a friend with a thoughtful present helps children develop their social and empathic skills and well as contenting to the world around them.

Keywords to use

Surprise, present, fruit, friends, African animals

Resources

Read along to [Handa's Surprise](#)

Questions to ask

Can you name the fruit and animals from the story in another language?

About the book

Handa's Surprise was written and illustrated by Eileen Browne and is published by Walker Books Australia.

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Experience 6



Hairy Maclary

Video presentation of Lynley Dodd’s book “Hairy Maclary” with a follow up drawing activity.

Drawing activity – ask your child to draw the front yard of their house along with the house number. You can encourage your child to include their pet or an animal.

Go on a neighbourhood walk and encourage your child to read out the neighbour’s house numbers.

This will help your child

Learning numbers is a great way to enhance numeracy development. Literacy is the capacity, confidence and disposition to use language in all its forms.

Keywords to use

House, front yard or garden, dog, pet, friends, numbers.

Resources

Read along to [Hairy Maclary](#)

Questions to ask

What number is our house?

Can you describe our pet or a pet you want to own?

Where can you find other numbers?

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Experience 7



Lahm Bi Ajeen

Mona's daughter Abir is an Early Childhood Language educator with Hume. Abir works with various preschools where she teaches in Arabic as part of the educational program. Mona shares her recipe for Lahm Bi Ajeen, which roughly translates to lamb bread.

This will help your child

Learning new cooking techniques and concepts can help children be more connected with the process of preparing food. By getting involved in the kitchen, children begin to learn new skills and have say in their meal choices.

Keywords to use

Mixing, kneading, combining, chopping and cooking.

You will need

6 cups flour
2 ½ tbsp sugar
3 Tbsp yeast
1 Tbsp salt
½ cup vegetable oil
½ cup milk or yogurt
2/3 cups of water

[Mona shows us how to](#)

Questions to ask

What is the dough made from?

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Experience 8



Make your own pencil holder

We will be recycling a used food tin to make a pencil holder. Children will learn to express their creativity through this activity. They might like to use it to hold pencils or other items.

Learning outcomes

Children relate to and contribute to their world. They learn about recycling and the connectedness and different ways of belonging with people, country and communities. It helps them to learn ways of being and to reflect on ways to manage waste and to consider positive ways to care for the environment.

Key Concepts

Recycling, colours, shapes, cutting experience and

Resources

Empty tin
Wool
Felt or coloured paper
Googly eyes (you can also draw and cut out)
PVA glue
Scissors
Marker
Bottle caps

[Ramya shows us how to](#)

What's next

What other items can be reused?