

# Term 4, Week 3

## Experience 1



### Microwave Playdough

In the microwave? Sure, why not.

#### Learning opportunities:

Playdough is a great educational experience. Other than the obvious benefits of fine motor development, playing with playdough helps children develop cognitive skills, social and emotional skills and language and communication skills. Without realising it, children are learning so much through this sensory experience. You can extend on the learning by asking questions to draw attention to their imagination. Talk about what is being made and why. Allow children to be in the moment of kneading, moulding, squishing and shaping. When was the last time you played with dough? Have a turn yourself and enjoy the sense of calm and relaxation this can bring.

### How to make it

#### You will need:

- 2 tbs of cooking oil
- 4 tbs of cream of tartar (from the cake aisle in the supermarket)
- 2 cups plain flour
- 1 cup salt
- 2 cups cold water
- Food colouring (optional)
- [Deanna shows us how to](#)

### Change it up...

Try adding something fragrant, rosemary, lavender, cinnamon or vanilla offer a sensory.

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## Experience 2



### **Chef Emalyn's Healthy Muffins**

Chef Emalyn is back with another fresh and fantastic recipe straight out of the Children in Hume Cookbook.

#### **Why children love these:**

These muffins are popular with the children at the Craigieburn Early Childhood Service, from babies up to the pre-schoolers and educators. They are freezer friendly and are great served warm or cold with a fresh salad.

### **How to make it**

#### **You will need:**

- 1 cup plain flour
- 1 tbs baking powder
- ½ cup sundried tomatoes
- 1 tbs dried mixed herbs
- ½ cup fetta
- 1 cup tasty cheese (grated)
- 2 eggs
- 60ml milk
- ½ cup oil

[Emalyn is in the kitchen](#)

# Term 4, Week 3

## Experience 3



### Can you say hello?

Children love to listen and join in with singing and action songs and teaching in different languages helps children to know and understand other cultures.

Alex and the team at Bluebird Way share one of the songs that children enjoy as part of a linguistically diverse educational program.

### Learning in a language

We know that when children are exposed to language at a young age, they are more likely to learn many different languages. When languages are incorporated into everyday learning activities, children can use those languages themselves. Learning languages through play, music, art and stories increases vocabulary and promotes confidence to try new things.

### So many ways

#### We say hello in...

English – Hello

Arabic – Marhaba

Italian – Ciao

Hindi – Namaste

German – Guten tag

Indonesian – Selamat siang

Persian – Salam

Turkish – Merhaba

Urdu – Assalamo aleikum

How do you say hello?

[The Hello song with Alex](#)

# Term 4, Week 3

## Experience 4



### World Bread Day

Every year on the 16 October, people around the globe celebrate World Bread Day. This is an opportunity to celebrate the people and processes involved in bread making, not forgetting the star of the show, the wheat!

### Facts about Bread

Bread is a baked food made mainly from dough, which is made from flour, water and sometimes salt and yeast. It is one of the oldest prepared foods and its origins can be traced back over 30,000 years ago. Bread comes in many varieties and is a staple for most families.

Types of bread: bagels, baguettes, croissants, lavash, naan, pitas, pizza dough, pretzels, scones, tortillas and flat bread. How many of these has your family tried?

### Sometimes Fairy Bread

Children love to get involved in food preparation; this is an easy one for them to do.

You will need:

Sliced bread

Butter/margarine

100s and 1,000s sprinkles

[Eva shows us how to](#)

