



HUME CITY COUNCIL Valley Park Community Centre

Programs and events
October 2026



Bookings

All events and programs are **FREE** unless otherwise noted.

B Bookings required. Contact the organiser directly using the phone number on the listing.

NEW New events/program.

\$ Fees apply. Contact the organiser directly using the phone number on the listing.

Connect with us

Venue available for 7 days hire

44 Village Crescent,
Westmeadows 3049

Monday to Friday 9am – 3.30pm



9356 6560



valleyparkcc@hume.
vic.gov.au



hume.vic.gov.au/ValleyPark

Language support –

Arabic العربية	नेपाली Nepali
Assyrian ܐܡܝܬܝܢ	ਪੰਜਾਬੀ Punjabi
Farsi فارسی	Türkçe Turkish
Ελληνικά Greek	Tiếng Việt Vietnamese
Hindi हिंदी	اردو Urdu
Italiano Italian	简体中文 Simplified Chinese



For language support visit
hume.vic.gov.au/translate or call
9205 2200 to speak to our team.



Programs

Tax Help B

Need help with your tax return? Hume City Council provides a free, confidential service for eligible residents earning under \$70,000 per year.

 Wednesdays & Fridays
 9356 6560
 valleyparkCC@hume.vic.gov.au

Event

Scam Awareness Information Sessions B

Scammers get smarter every year. Our Community Technology Officers are here to teach you how to protect yourself from scams online and over the phone. Join us to learn more!

 Thursday 22 October
 10am - 12pm
 9356 6560
 valleyparkCC@hume.vic.gov.au
 valleyparkCC@hume.vic.gov.au



Halloween, Make Your Own Trick or Treat Bags B

DIY Custom make own Halloween Bags for Trick or Treat.

All children under the age of 12 must be supervised by an adult. Registration required

Don't miss out, everyone is welcome!

 Wednesday 28 October
 3.45pm - 4.45pm
 9356 6560
 valleyparkCC@hume.vic.gov.au
 valleyparkCC@hume.vic.gov.au



School Holiday Activity

LEGO Learners Session B

Get ready to build, create, and imagine!

Join us for a hand-on LEGO session where you can explore your creativity, tackle fun building challenges, and work together to bring amazing ideas to life.

Whether you're a master builder or just starting out, there's something for everyone.

Come build up with us!

 Thursday 1 October
 10.15am - 11.45am
 9356 6560
 valleyparkCC@hume.vic.gov.au
 valleyparkCC@hume.vic.gov.au



Seniors Week B

Join Us for Morning Tea to Celebrate Seniors Week!

Come along and share a cup of tea as we celebrate Seniors Week! This is a fantastic opportunity to meet new people, catch up with friends, and enjoy delicious treats and engaging activities in a welcoming environment.

 Wednesday 14 October
 10.30am to 12.30pm
 9356 6560
 valleyparkCC@hume.vic.gov.au
 valleyparkCC@hume.vic.gov.au



Wellbeing

Hikmah Psychology B \$

A Family-Centred Sanctuary for Healing and Wisdom.

Specialised Care for the Community - Specialist Perinatal and Family Care, COPE-Aligned and Faith-Responsive.

 Tuesdays and Saturdays
 0423 136 892
 hikmah.psychology@gmail.com

Groups

Food and Mood Cooking Group B \$

Want to learn about quick and easy, budget friendly meals to support your mind and body. Join in the fun with a DPV Health Dietician.

Fee waiver available.

 Tuesdays
 11.30am - 1pm
 1300 234 263
 Select Option 4 and register for 'Food and Mood Cooking Group'

Early Years

Breastfeeding Support Clinic B

Maternal and Child Health nurses, lactation consultants and parent support workers offer information on infant parenting.

Internal registrations only.

Interpreters available.

 Fridays 2, 16 & 30
 October
 1pm - 4.30pm
 9205 2844
 mchbookings@hume.vic.gov.au
 mchbookings@hume.vic.gov.au

Babies in Hume - First Time Parents B

Free, fun interactive support and education program for all Hume families en-rolled in the Maternal and Child Health Service.

Great opportunity to gain information relevant to your baby/toddler's developing needs.

Internal registrations only.

 Thursdays
 12:30pm - 4:30pm
 9205 2844
 babiesinhume@hume.vic.gov.au
 babiesinhume@hume.vic.gov.au

Follow our [Babies In Hume Facebook page](#) for updates on services and times.



For prices and more information, please contact the organiser of the activity using the numbers provided.