



# HUME CITY COUNCIL Greenvale West Community Centre

Programs and events  
March 2024



## Bookings

All events and programs are **FREE** unless otherwise noted.

**B** Bookings required. Contact the organiser directly using the phone number on the listing.

**NEW** New events/program.

**\$** Fees apply. Contact the organiser directly using the phone number on the listing.

## Connect with us

**Venue available for 7 days hire**

7 Ventura Way, Greenvale 3059

**Monday to Friday 8.30am–5pm**

 **9356 6880**

 **GreenvaleWestCC@hume.vic.gov.au**

 **hume.vic.gov.au/greenvalewest**



## HumeLink

Multilingual telephone  
information service

Enquiries 9205 2200

للمعلومات باللغة العربية

9679 9815

Για πληροφορίες στα ελληνικά

9679 9818

Türkçe bilgi için

9679 9822

بمعلوماتنا جغتنا

9679 9809

Per avere informazioni in italiano

9679 9819

Muốn biết thông tin tiếng Việt

9679 9823

Za informacije na bosanskom

9679 9816

За информације на српском

9679 9820

For other languages...

9679 9824

Za informacije na hrvatskom

9679 9817

Para información en español

9679 9821




## Programs

### Create Your Own Hanging Wood Egg Wreath **B**

Get ready for an eggtraordinary Easter adventure at Greenvale West Community Centre!

Embrace the joy of the season as your little ones unleash their creativity in a delightful crafting experience.

 **Friday 22 March**

 3.45pm – 4.45pm



## Education

### Meditation Workshops **B**


Want to learn how to improve your overall well-being, reduce stress and anxiety, increase focus and productivity, or to find a way to attain inner peace and balance in your life?

Learn how to start meditating.


Scan QR Codes to sign up.


#### Day time workshop:

 **Monthly**  
**Thursday 7 March**

 11am – 11.45am

#### After hours workshop:

 **Monthly**  
**Thursday 14 March**

 6.30pm – 7.15pm

 9356 6880




## Children

### Rhyme Time & Story Time


Listen to stories and complete craft activities with your child designed to help children develop a lifelong love of reading.


 **Mondays**

**Rhyme Time :** For children between the age of 0 to 3 years old.

 10am – 10.30am

**Story Time :** For children between the age of 3 to 5 years old.


 11am – 12pm

 9356 6880

### Bella Star Studios **B** **\$**

At Bella Star Studios we offer a range of classes from 2 years old to adults. We have a variety of dance styles. Check out our current timetable and book a FREE trial dance class! We look forward to hearing from you soon.

 **Wednesdays**


 4.30pm – 7pm


@ [bellastarstudios@gmail.com](mailto:bellastarstudios@gmail.com)

 [bellastarstudios.com.au](http://bellastarstudios.com.au)

### Baby Bounce

Enjoy gentle movements, songs and rhymes during this early language and literacy program. For babies between the age of 0 to 12 months and their parent/caregiver.

 **Thursdays**


 1pm – 1.30pm

## Active

### Pilates with Chantelle **B** **\$**

Pilates is a form of exercise which concentrates on strengthening the body with an emphasis on core strength. This helps to improve general fitness and overall well-being.

 **Tuesdays**


 7pm – 8pm

 0426 849 815

### Yoga with Sagar **B** **\$**

The ancient science of fine tuning your body, mind, emotions and energies.

 **Saturdays**

 9.30am – 10.30am


 0421 891 753


@ [yogawithsagar@gmail.com](mailto:yogawithsagar@gmail.com)

### RPA Studios **B** **\$**

RPA offers affordable performing arts tuition to ensure a supportive environment for students of all ages to achieve their artistic ambitions with up-to-date techniques.

 **Saturdays**

 10.45am – 12.15pm


 0439 820 035


## Groups


### Greenvale Over 55's Coffee Catch Up Group **B**

Come and meet your neighbours for a cup of tea or coffee and some great conversation.

These are informal catch ups to help meet people within our community, socialise and build new friendships.

 **Tuesday 5 & 19 March**


 9.30am – 11.30am

 9356 6880

### Prime Timers **B**

Catch up with friends in this delightful community program. Connect with fellow older adults from diverse cultures, socialise, and boost your well-being through meaningful conversations. Enjoy the warmth of friendship over a steaming cup, and make every moment count.

 **Thursday 14 March**


 10am – 12pm

 9356 6880

### Women's Social Dance Group

Join us for some fun, female fitness! There will be no expectations and no judgement, just freedom and fun as we dance. Suitable for women of all ages and dance abilities.

 **Thursdays**


 2pm – 2.45pm

## Services

### Babies in Hume **B**

The 'Babies in Hume' Program is a free, fun, interactive, support and education program for all Hume residents with young children.

Ask your Maternal and Child Health nurse for more information about the 'Babies in Hume' Program.

 **Mondays & Wednesdays**


 1.30pm – 4.30pm


 9205 2643

@ [babiesinhume@hume.vic.gov.au](mailto:babiesinhume@hume.vic.gov.au)


### Immunisation **B**


Council conducts appointment only immunisation sessions for the public in line with the National Immunisation Program.

 **Friday 8 March**

 9.30am – 12.30pm

 **Tuesday 26 March**

 4pm – 7pm

 9356 6745

@ [immunisation@hume.vic.gov.au](mailto:immunisation@hume.vic.gov.au)

For prices and more information, please contact the organiser of the activity using the numbers provided.