

Date	Workshops and Events	Cost
Young people (10 - 16yo) Thursday 17 July, 10am - 2pm Adults Monday 4 August, 11.30am - 2.30pm	Threads Together Workshop Learn how to sew a superhero cape for a child in hospital. No experience needed. All equipment and sewing material provided.	Free
Wednesday 30 July 10am - 11am	Mindfulness Workshop Discover how mindfulness practices can reduce stress, enhance focus and support wellbeing.	Free
Tuesday 12 August 10am - 12pm	Beginner Henna Workshop Learn easy techniques to create a simple henna design on your hand. No experience needed!	\$25
Wednesday 10 September 10am - 11am	Power of Connection Workshop Explore how meaningful social connections can improve your wellbeing.	Free
Wednesday 10 September 11.30am - 1pm	R U Ok? Day Community Lunch Lunch, presentation and helpful resources. Wear yellow to show your support!	Free

Free 'come & try' sessions available for most programs

Homestead Community and Learning Centre
30 Whitshire Drive,
Roxburgh Park

Contact us
☎ 9205 2760
✉ homestead@hume.vic.gov.au
🖱 hume.vic.gov.au/homestead



HUME CITY COUNCIL

What's On

Homestead Community and Learning Centre

Term 3

21 July - 19 September



Whether you're looking to improve your fitness, learn new skills, or simply connect with others, we offer a wide range of activities for everyone.



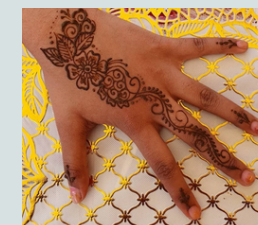
Meet new friends

Socialise over lunch or coffee



Get moving

Improve your fitness, strength or flexibility



Learn

Pick up a new skill or improve your English



Please scan QR code for registration and payment. Call 9205 2760 or email homestead@hume.vic.gov.au if assistance is required.



2025 | Term 3

Monday 21 July – Friday 19 September

Mondays	Class	Cost
10am – 11am	Qigong - Beginner A practice of gentle movement and breathing. Similar to Tai Chi.	F \$68 per term, \$8.50 per class C \$51 per term, \$6.50 per class
10.30am – 12.30pm	Computer Basics Digital literacy for older adults: Learn to use your devices, and stay safe online.	Free
10.30am – 2pm	Vietnamese Cultural Group Lunch Vietnamese speaking social group.	Free
11am – 2pm	Women's Middle Eastern Wellness Circle Arabic speaking social group.	Free
7pm - 8pm	Gentle Yoga Women only. Turkish and English instruction. BYO yoga mat.	F \$81 per term C \$61 per term No casual payments available
Tuesdays	Class	Cost
10am – 11am	Keep Fit and Strong Low impact gentle exercise for seniors.	F \$68 per term, \$8.50 per class C \$51 per term, \$6.50 per class
5.30pm - 6.30pm	Line Dancing - Expression of interest Easy and fun line dancing – no experience needed. 4 week course.	F \$40 per term C \$32 per term No casual payments available
Wednesdays	Class	Cost
9.30am – 10.30am	Homestead Walking Group	Free
10am – 12pm	Conversational English Practice your English skills in this social setting.	Free
10am – 12pm	English for Citizenship Assistance to help you to pass your Australian Citizenship test.	Free
10.30am – 12.30pm	Hume Library Van Visits Borrow books and resources for adults and children.	Free

Wednesdays	Class	Cost
10.30am – 12.30pm	Multicultural Storytime Suits ages 3 -5 years old. 10.30am - 11.20am – Arabic-speaking facilitator. 11.30am - 12.20pm - Turkish- speaking facilitator.	Free
10.30am – 1pm	Weekly Community Lunch 10.30am – Coffee and a chat. 12pm – 1pm – Lunch is served. All welcome.	Free
7.30pm - 8.30pm	Gentle Yoga Women only. Turkish and English instruction. BYO yoga mat.	F \$81 per term C \$61 per term No casual payments available
Thursdays	Class	Cost
10am – 12pm	Women Empowerment Program This series includes art therapy, nutrition, cooking and fitness. 7 week course.	Free
9.30am – 12.30pm	Sewing Cafe Social group, no teaching. BYO machine and projects.	Free
12.30pm - 2pm	Carer's Connection Hub A social program for carers to connect and support their wellbeing.	Free
Fridays	Class	Cost
10am – 11am	Yoga Fusion Pilates BYO yoga mat.	F \$72 per term, \$11 per class C \$54 per term, \$8 per class
Sundays	Class	Cost
6pm – 8.30pm	Turkish Choir Community music group that practices classical Turkish music.	Free

