

HUME CITY COUNCIL

# What's On Homestead Community and Learning Centre – Term Two



Free 'Come & Try' session  
Casual payments now available!

## Education



### Computer Basics

10.30am–12.30pm

Learn internet searching, emailing, social media, and tech device usage.

**Commencing Mondays from 15 April (10 weeks) | Cost: Free**



### Conversational English

10am–12pm

Practice listening and speaking English whilst learning about Australian culture and making new friends. Suitable for all language levels.

**Commencing Wednesdays from 17 April (11 weeks) | Cost: Free**



### Citizenship Classes

9am–12pm

Assistance with English Language, literacy, numeracy, and understanding Australian values. These classes aim to assist students in successfully passing their Australian Citizenship test.

**Thursdays (5 weeks) | Cost: Free**

**Expression of interest only/ Dates to be determined when we receive minimum numbers.**



### Basic Home Maintenance

7pm–9pm

A four week course facilitated by 'I'm Still Learning' which has been created to help you gain a sense of confidence that you can complete basic home maintenance tasks independently.

Topics include 'Safety in the home', 'How to repair a leaking tap', 'How to safely use a battery operated drill' and 'Using a battery operated drill to build a take home toolbox'.

**Commencing Thursdays 23 May; 30 May; 6 June; 13 June | Cost: Free**



Please scan the QR code for registration and payment. All programs must be completed prior to attending. You may also call 9205 2760 or email [homestead@hume.vic.gov.au](mailto:homestead@hume.vic.gov.au) to book



# Wellbeing



## Tai Chi for Health

Tai Chi for Health is a gentle and flowing exercise rooted in traditional Chinese martial arts. It focuses on slow, deliberate movements, promoting balance, flexibility, and overall wellbeing.

### Beginners

**Commencing Mondays from 15 April (10 weeks) | 11.15am–12.15pm**

**Cost: \$65 per term, \$8 per class / \$45 per term, \$6 per class (concession)**

### Intermediate

**Commencing Mondays from 15 April (10 weeks) | 10am–11am**

**Cost: \$65 per term, \$8 per class / \$45 per term, \$6 per class (concession)**



## Keep Fit and Strong

**10am–11am**

Gentle exercise to improve fitness and flexibility to lively music.

**Commencing Tuesdays from 16 April (11 weeks)**

**Cost: \$72 per term, \$8 per class / \$54 per term, \$6 per class (concession)**



## Homestead Walking Group

**9.30am–10.30am**

Enjoy outdoor walks, beautiful gardens, and meet locals.

**Commencing Wednesdays from 17 April (11 weeks) | Cost: Free**



## Kangatraining

Kangatraining is a postnatal safe, full body, low impact babywearing workout designed to help you ease back into exercise following pregnancy and birth.

**Expression of interest only. Dates to be determined when we receive minimum numbers.**



## Prime Movers

**1.30pm–2.30pm**

Exercise program enhancing fitness, strength, and balance.

**Commencing Wednesdays from 17 April (11 weeks)**

**Cost: \$72 per term, \$8 per class / \$54 per term, \$6 per class (concession)**

## Mental Health First Aid Training

**10.30am–3.30pm**

This workshop will help you to learn how to assist adults who are developing a mental health problem, experiencing a worsening of an existing mental health problem or in a mental health crisis, until appropriate professional help is received, or the crisis resolves. *The training is delivered by an accredited trainer from the Centre for Muslim Wellbeing, Faith and Community Groups.*

**Saturday 11 May 2024 and Saturday 18 May 2024, 10am–3.30pm | Cost: Free**  
**Participants must attend both days.**



**MENTAL HEALTH  
FIRST AID®**

For Anyone. For Everyone.®



## Wellbeing



### Yoga

Enhance balance, strength, and relaxation.

#### Evenings

**Commencing Mondays from 15 April (10 weeks) | 6–7pm**

**Cost: \$90 / \$75 per month per term (concession). No casual payments available**

#### Daytime - Yoga Fusion Pilates

**Commencing Fridays from 19 April (11 weeks) | 10am–11am**

**Cost: \$99 per term, \$11 per class / \$75 per term, \$8 per class (concession)**



### All Ability Mosaic Art Program

**10am–12pm**

Explore the world of mosaic art in our All-Abilities Mosaic Art Program. Led by experienced mosaic artist and teacher Libby Mckinnon, this inclusive, NDIS friendly course welcomes participants of all skill levels. Learn the fundamentals of mosaic creation, experimenting with different techniques and materials.

**Commencing Tuesdays from 16 April**

**Cost: \$154 per term (\$115 concession) or \$16 per class (\$12 concession)**

## Connection



### Vietnamese Cultural Group Lunch

**10.30am–3pm**

Connect, share, and enjoy Vietnamese culture over lunch.

**Commencing Mondays from 15 April (10 weeks) | Cost: Free**



### Weekly Community Lunch

**10.30am onwards**

Socialise over lunch prepared by Northern Turkish Women's Association.

10:30am – Coffee and a chat

12pm–1pm – Lunch is served

**Commencing Wednesdays from 17 April (11 weeks) | Cost: Free**



### Women's Circle Afternoon Tea

**2pm–4pm**

Join the Multicultural Health and Support Service (MHSS) for an afternoon tea and workshop, where we'll explore the theme of Healthy Relationships. Enjoy a yummy scone while connecting with like-minded women in your community.

**Saturday 25 May | Cost : Free**

## Workshops, services and events



### Free Hearing Tests

9am–1pm

The [Hearing Australia](#) team will be providing FREE 15 minute hearing checks to any interested adults over 18, and will be able to advise what your next steps may be to help you rediscover the sounds you love!

**Wednesday 17 April | Cost: Free**



### Ebru Art Workshops

Learn the ancient art of Ebru Marbling, creating patterns similar to marble.

**Tuesday 7 May, 6.30–8.30pm OR**

**Thursday 14 June, 10.30–12.30pm**

**Cost: \$50 per workshop**



### Childrens Wild Pollinators Workshop

10.30am–12.30pm

Join us for an adventure into the world of Wild Pollinators. Participate in building 'bee hotels' to support their population, and gain insights into their importance. Suited to 5-12 year old children.

**Thursday 25 April | Cost: Free**



### 'Energy and Water Bill Help' Drop in Sessions

10am–2pm

Get free independent advice to better understand your energy and water bills. Receive assistance in accessing support such as concessions, hardship payments, payment plans, and finding more affordable gas or electricity plans.

**Wednesday 15 May | Cost: Free**

## Non Neighbourhood House programs available



### Classical Indian Dancing

5.30pm–7.30pm

The school teaches Bharathanatyam in its purest form sticking to the Kalakshetra style with utmost dedication.

**Commencing Wednesdays from 10 April (weekly)**

**Contact: [info@sridevigopinath.com](mailto:info@sridevigopinath.com)**

The Homestead Gallery is an ideal venue to hire for parties, meetings and small events.



**Homestead Community and Learning Centre**  
30 Whiltshire Drive, Roxburgh Park 3064



**9205 2760**



**[homestead@hume.vic.gov.au](mailto:homestead@hume.vic.gov.au)**



**[hume.vic.gov.au/homestead](http://hume.vic.gov.au/homestead)**



**Neighbourhood Houses**  
The Heart of Our Community

